Fun and learning doesn’t stop when school is dismissed!

The Minneapolis Park and Recreation Board (MPRB) offers a variety of fun, educational activities for school-aged children all across the city.

❖ **Early Childhood Education**
   Join one of our many recreation-based, preschool-age programs that will engage and stimulate your child’s intellectual curiosity while imparting social skills, setting the foundation for a successful transition into Kindergarten.

❖ **School Release Days and Breaks**
   Extended recreation center hours and additional programs, field trips, classes, activities and camps are available during all Minneapolis Public School breaks.

❖ **Homework Help**
   Many recreation centers offer space and staff to help students with their homework.

❖ **After School Programs**
   Keep kids busy with a recreation center program. MPRB rec centers offer hundreds of programs for school aged kids of all interest areas. Visit your recreation center or [www.minneapolisparks.org/register](http://www.minneapolisparks.org/register) to see what’s available.

❖ **RecPlus School-Age Childcare**
   Enroll your child in childcare to cover before and after school times and Minneapolis Public School Release Days. For more information visit: [www.minneapolisparks.org/recplus](http://www.minneapolisparks.org/recplus)

For more information on what’s available in your neighborhood or to register for programs, visit [www.minneapolisparks.org](http://www.minneapolisparks.org).
Located in North Mississippi Regional Park, this facility is a hub for nature activities and education year-round, including:

- Nature in the City: an exhibit that entices visitors to explore the natural worlds within North Mississippi Regional Park and other urban areas
- Nature play: outdoor adventure course and fort-building area
- All-ages public programs, including campfire nights, family fun days and Black to Nature
- Early childhood programs for kids ages 7 and younger accompanied by an adult
- School release day programs for kids ages 6-12 years old

Year-Round Nature Activities

Nature is all around you in Minneapolis, from woodlands and prairies to ravines and river bluffs to spectacular vistas and secluded trails – thousands of acres are yours to explore.

MPRB offers opportunities for all ages, abilities and interests.
Fall, winter and spring offer excellent opportunities for outdoor adventure with naturalists including hikes on foot or snowshoe, and bird-watching.

Find nature events, self-guided activities or staff-led programs at:
www.minneapolisparks.org/nature

The Minneapolis Park and Recreation Board (MPRB) has 49 recreation centers and several program facilities that serve as hubs for countless activities and events.

All recreation centers have spaces available for rent.
Find more information about recreation center offerings and amenities at www.minneapolisparks.org
Teen Programs

**Minneapolis Parks offers a variety of programs just for teens.**

**Youthline**, designed for ages 12 to 17, provides a dynamic platform for developing leadership, fostering life skills, and prioritizing health and wellness for young people in a welcoming setting.

**Nite Owlz** offers a fun and safe evening teen program with engaging activities and events for young adults. Our program provides a social outlet for teens while ensuring a safe and supervised environment to enjoy their evening.

**Global Quest** is a unique language and culture leadership program. It provides free, high quality out-of-school youth development for motivated, talented, and culturally diverse middle school students from Minneapolis.

**The Youth Advisory Council** is comprised of a select group of youth leaders, ages 15-17, who participate in project focused, youth-led discussions to provide feedback on MPRB programming. Youth selected for this council will be compensated at the City of Minneapolis minimum wage.

**Village Parks** is a language and culture learning program that includes hands-on activities, from learning cultural crafts, sports, and games to preparing authentic cultural foods, all intended to illuminate some of the rich cultural and linguistic connections around us every day.

Learn more about how teens can work and play in Minneapolis Parks at [www.minneapolisparks.org/teen](http://www.minneapolisparks.org/teen)

**NEW! Spark’d Studios**

Explore your creativity in Spark’d Studios, MPRB’s technology and media arts spaces for youth. Spark’d Studios are located at recreation centers and currently open in Powderhorn and Harrison parks, with Whittier opening in 2023, and three additional sites planned by 2025.

Each studio is staffed with a full-time specialist, offering structured programs and open studio hours for youth to pursue their interests and develop meaningful projects together.

Programming includes design, video production, sound recording, performance, creative writing, web design, gaming, and many other creative professions.

For more information about current and future Spark’d Studios spaces, visit [www.minneapolisparks.org/sparkd](http://www.minneapolisparks.org/sparkd)

**Youth Sports**

**Fall** - Football (flag and tackle), soccer, volleyball

Registration began May 1

**Winter/Spring** - Basketball, hockey, wrestling, flag football, gymnastics

Registration begins October 25

**Summer** - Baseball, softball, track and field

Registration begins February 21

Support Minneapolis parks by volunteering your time or making a donation.

[www.minneapolisparks.org/volunteer](http://www.minneapolisparks.org/volunteer)
Phillips Aquatics Center Features:

- 6-lane competition and 4-lane teaching pools.
- Family/all-gender locker rooms, in addition to women's and men's locker rooms.
- Diving board, starting blocks, ADA compliant entry for both pools.

Programs include swim lessons for all ages and abilities, including adaptive lessons; open swim; water aerobics; dedicated swim times for a range of groups; lifeguard certification classes and more.

To see what classes are currently available, find hours and admission rates, visit www.minneapolisparks.org/pac

Ice Rinks

**Indoor Ice Rinks**
Northeast Ice Arena offers ice rentals, training room and turf rentals.
www.minneapolisparks.org/northeast_ice

Parade Ice Garden offers open skating, open hockey, pro’s ice figure skating, rentals and more.
www.minneapolisparks.org/parade_ice

**Outdoor Ice Rinks**
During winter months, Minneapolis Parks maintain outdoor ice rinks at parks citywide for general skating and ice sports.

An interactive ice rink map can be found at www.minneapolisparks.org/icerinks.

Events

From neighborhood celebrations to holiday festivals, there is always something fun happening in the parks!

**Special Events:** Monarch Festival, Owamni Falling Water Festival, Minneapolis International Festival, Kite Fest, Arbor Day and Earth Day.

**Neighborhood Events:** Halloween parties, Fire and Ice gatherings, Rev. Martin Luther King, Jr. Day celebrations and spring egg hunt and bunny parties.

Visit the online calendar at www.minneapolisparks.org/events

Minneapolis Park and Recreation Board collaborates with Minneapolis Public Schools.
To find more opportunities for adults and youth, go to mplscommunityed.com