Adult Group Lesson Handbook

2023

Minneapolis Park & Recreation Board
Program Locations

<table>
<thead>
<tr>
<th>Program Location</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hiawatha Golf Club</td>
<td>4553 Longfellow Ave, Minneapolis, MN 55407</td>
</tr>
<tr>
<td>Columbia Golf Learning</td>
<td>445 St. Anthony Pkwy, Minneapolis, MN 55418</td>
</tr>
<tr>
<td>Francis A Gross GC</td>
<td>2201 St Anthony Blvd, Minneapolis, MN 55418</td>
</tr>
<tr>
<td>Theo Wirth Golf Club</td>
<td>1301 Theo Wirth Pkwy, Minneapolis, MN 55422</td>
</tr>
<tr>
<td>Meadowbrook GC</td>
<td>201 Meadowbrook Rd, Hopkins, MN 55343</td>
</tr>
</tbody>
</table>

No clubs? No problem!

All golf equipment necessary for golf lessons can be provided to participants. Equipment can also be purchased during registration and clubs will be ordered to your house!

What to Expect

Grant Shafranski Golf Academy Coaches are focused on making the lessons FUN while learning golf's valuable lessons. Every golf experience at has these ingredients:

1. Fundamental golf skills (grip, stance, posture, ball position, aim, putting, chipping and full-swing with irons and wood
2. General golf knowledge including: orientation to golf facilities, pace of play, practice drills and games, club fitting, on-course strategies, and so on.
3. USGA rules and etiquette of the game.

Lessons include range balls, instruction, practice green access, prizes, clubs/equipment and other giveaways.

Should you need to miss a class, simply tell an instructor or email gishafranski@gmail.com and the student will be welcome to join in for one session the next time the class is offered. This same policy applies to cancellations due to weather.

How to Register for Class

1. Online registration available at www.minneapolisparks.org/golf
   OR
2. Print out registration form (page 7) and mail with payment to: Grant Shafranski, 21062 Karoline Ct N, Forest Lake, MN 55025

Contact Us

Grant Shafranski, PGA
PGA Director of Golf Instruction
Grant@NorthOaksGolfClub.com
Class Overview

Get Golf Ready:
Our flagship program includes (2) 120-min golf classes teaching all aspects of the game with the goal of enhancing student enjoyment of golf through fun and exciting instruction from PGA Professionals.

Crash Course:
One-night instructional clinics designed for those with busy schedules or those who have completed a Get Golf Ready course but would like to refresh their skills or introduce someone else to the game.

Senior Clinics (ages 50+):
Free coffee for everyone! Clinics take place select Tuesday mornings throughout the season at Hiawatha and focus on all aspects of golf including putting, chipping, pitching, bunker play, irons, hybrids, fairway woods, and drivers.

Lesson Objectives:

1. HAVE FUN!

2. Improve your skills!

3. Gain the confidence to take your game to the course!
Get Golf Ready

$130 – All ages and abilities
(2) 120-minute Sessions

Recommended for: Those just starting (or restarting) their golf journey, anyone who would consider themselves a beginner or just wants to have more fun playing golf!

Get Golf Ready is designed to teach everything you'll need to play golf in just a few lessons. PGA and LPGA Professionals will show you that there are lots of ways to play by combining fun, friends and fitness.

Each session will focus on the various golf skills you will use while playing. In addition to learning the basics, you will be guided onto the golf course to put your skills into action in a casual, friendly setting.

No equipment? No problem, you can use ours!

HIAWATHA

Weekday Evenings

<table>
<thead>
<tr>
<th>Dates</th>
<th>Time</th>
<th>Session #</th>
</tr>
</thead>
<tbody>
<tr>
<td>April 25 &amp; 27</td>
<td>6:00-8:00pm</td>
<td>HGGR01</td>
</tr>
<tr>
<td>May 2 &amp; 4</td>
<td>6:00-8:00pm</td>
<td>HGGR02</td>
</tr>
<tr>
<td>May 9 &amp; 11</td>
<td>6:00-8:00pm</td>
<td>HGGR03</td>
</tr>
<tr>
<td>June 6 &amp; 8</td>
<td>6:00-8:00pm</td>
<td>HGGR04</td>
</tr>
<tr>
<td>June 20 &amp; 22</td>
<td>6:00-8:00pm</td>
<td>HGGR05</td>
</tr>
<tr>
<td>July 11 &amp; 13</td>
<td>6:00-8:00pm</td>
<td>HGGR06</td>
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<tr>
<td>Aug 1 &amp; 3</td>
<td>6:00-8:00pm</td>
<td>HGGR07</td>
</tr>
<tr>
<td>Aug 15 &amp; 17</td>
<td>6:00-8:00pm</td>
<td>HGGR08</td>
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<tr>
<td>Aug 28 &amp; 30</td>
<td>6:00-8:00pm</td>
<td>HGGR09</td>
</tr>
<tr>
<td>May 6 &amp; 13</td>
<td>8:00-10:00am</td>
<td>HGGR10</td>
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<tr>
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<td>HGGR11</td>
</tr>
<tr>
<td>July 22 &amp; 29</td>
<td>8:00-10:00am</td>
<td>HGGR12</td>
</tr>
<tr>
<td>Aug 19 &amp; 26</td>
<td>8:00-10:00am</td>
<td>HGGR13</td>
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GROSS

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COLUMBIA

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<tbody>
<tr>
<td>May 9 &amp; 11</td>
<td>6:00-8:00pm</td>
<td>CGGR01</td>
</tr>
<tr>
<td>May 23 &amp; 25</td>
<td>6:00-8:00pm</td>
<td>CGGR02</td>
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<tr>
<td>June 6 &amp; 8</td>
<td>6:00-8:00pm</td>
<td>CGGR03</td>
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<tr>
<td>July 11 &amp; 13</td>
<td>6:00-8:00pm</td>
<td>CGGR04</td>
</tr>
<tr>
<td>Aug 14 &amp; 16</td>
<td>6:00-8:00pm</td>
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THEO WIRTH

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<tr>
<td>June 5 &amp; 7</td>
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<td>TGGR03</td>
</tr>
<tr>
<td>July 10 &amp; 12</td>
<td>6:00-8:00pm</td>
<td>TGGR04</td>
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MEADOWBROOK

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*THEO WIRTH classes meet at Theo Wirth for first night of class, and Columbia Learning Center for the second night of class (to use the driving range).

*MEADOWBROOK classes meet at Meadowbrook for the first night of class and Hiawatha for the second night of class (to use the driving range).
Get Golf Ready- CRASH COURSE!

$65 – EVERYBODY Welcome!
(1) 120-minute session

The perfect solution for the time-challenged golfer! Looking for a quick fix? Maybe you just want to introduce someone to the game in a fun and light-hearted atmosphere? Or did you complete a Get Golf Ready course and are looking for a refresher? Anybody and everybody is encouraged to try our Crash Course! Games, prizes, fun for the whole family...you know we’re gonna make it awesome!

HIAWATHA

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<td>CFC03</td>
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Senior Clinics

$30 – Ages 50+
(1) 60-minute Session

Free Coffee! Seniors are encouraged to come out, make some new friends, and get some tips on your golf game. You will also be introduced to new ways to practice and what you can do to continue to improve!

HIAWATHA

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<tr>
<td>June 13</td>
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<td>HSC02</td>
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<td>HSC03</td>
</tr>
<tr>
<td>August 8</td>
<td>9:00-10:00am</td>
<td>HSC04</td>
</tr>
</tbody>
</table>
First:_________________ Last: __________________________

Phone: H:__________________ C:______________________

Address: __________________________________________________________________________

City: _______________ State: _______ Zip:_________

Email: ____________________________________________________________

Any medical conditions we should be aware of? __________________________

Class Registration:

Class: ________________ Code: _______ Start Date: __________ Cost: _______

Class: ________________ Code: _______ Start Date: __________ Cost: _______

Class: ________________ Code: _______ Start Date: __________ Cost: _______

Class: ________________ Code: _______ Start Date: __________ Cost: _______

Total: ________

Please make checks payable to: Grant Shafranski Golf Academy

Registrations and payment can be mailed to:
Grant Shafranski Golf Academy
21062 Karoline Ct N
Forest Lake, MN 55025

Participant Permission Form (please sign below)

I agree to accept any all determinations of need for medical assistance and/or administration of medical attention deemed necessary by Grant Shafranski Golf Academy representatives. I hereby give permission to the medical personnel selected by Grant Shafranski Golf Academy representatives to secure any and all medical, hospitalization, dental, and/or surgical treatment. In an event that such medical attention is needed from a healthcare provider, all costs shall be the responsibility of the parent or guardian.

Media Release: I hereby give Grant Shafranski Golf Academy permission to use film, video tape and/or photographs of the above mentioned minor for lawful promotional or informational purposes. I give approval for participation in Grant Shafranski Golf Academy sponsored activities. I assume all risks of injury whatsoever and agree to hold harmless Grant Shafranski Golf Academy from claim(s) of any nature arising from any activity, including transportation, connected with the facility or program. This hold harmless agreement includes, but is not limited to, any claim due to injury proximately resulting from negligence of Grant Shafranski Golf Academy, its employees, agents, LPGA and PGA Professionals, participating agencies, and volunteers. I consent to Grant Shafranski Golf Academy communicating information regarding my participation via the internet.

Signature: ___________________________ Date: __________________

Print Name: ________________________________________________