



COVID-19 Preparedness Plan – **Adult Open Hockey**

Ice Arenas: Parade Ice Garden | Northeast Ice Arena

In response to the COVID-19 Sports Guidance for Youth and Adult Sports released on **January 6, 2021** from the [MN Department of Health](#) and the [Executive Order 21-01](#) we've revised the existing Preparedness Plan. Guidance applies beginning January **14, 2021**. **Due to our concern for your safety during COVID-19, we have implemented the following policies:**

Key Points

- Starting January 4, 2021, practices and skill development activities for youth resume.
- Starting on January 14, 2021, games and scrimmages with other teams may begin.
- Capacity limits for the facilities and arenas are as follows:
 - North Rink: 150
 - South and Studio Rink: 25% capacity, 66
 - Northeast: 150
- Spectators are allowed under the following guidelines:
 - **Studio Rink:** 0 spectators are allowed
 - **Practices:**
 - **North and Northeast Rinks:** 1 spectator is allowed per participant; however, it is strongly discouraged.
 - **South:** 0 spectators allowed due to limited capacity.
 - **Games:**
 - January 14 – 21, 2021: 1 spectator is allowed per participant
 - Starting January 22, 2021:
 - **North and Northeast Rinks:** 2 spectators per participant allowed
 - **South Rink:** 1 spectator per participant allowed due to limited capacity. 46 spectators allowed for games total.
 - Advanced reservations and/or ticketing is required. **No walk-ins allowed.**
 - Renter of the ice must have designee at front door with staff to meet spectators, inform them of the rules and assist them to their seating area. If a designee is not onsite MPRB staff will not allow spectators into the facility.

- **Spectators must do the following or they may be asked to leave:**
 - Spectator(s) will enter at reservation time, no earlier and leave immediately after.
 - Maintain 6 feet of social distancing
 - Comply with venue capacity limits
 - Wear a face mask at all times
 - Sit and view game where staff directs you to
- 2 pods of 25 (50 total) on the ice at one time.
- Skaters must arrive fully dressed, with the exception of skates, helmet and gloves. Goalies are allowed to arrive half dressed.
- Enter 10 minutes before start of scheduled time. Exit no later than 10 minutes after the ice time.
- No equipment bags except goalies.
- No locker rooms or showers.
- Face coverings must be worn at all times including on the ice.
- No dryland activities inside the arenas.

Face Coverings

- Face coverings must be worn in accordance with MDH guidance.
 - Types of face coverings can include a cloth mask, a neck gaiter, a scarf, a bandanna, or a religious face covering.
 - A face covering must cover the nose and mouth completely. The covering should not be overly tight or restrictive and should feel comfortable to wear.
 - Any masks that incorporate a valve that is designed to facilitate easy exhaling, mesh masks, or masks with openings, holes, visible gaps in the design or material, or vents are not sufficient face coverings because they allow droplets to be released from the mask.
- If a sport requires a helmet that interferes with wearing a face covering safely or effectively, athlete may consider alternative to face coverings that are specifically designed by helmet manufacturers to provide protection against the splashes, sprays, and aerosols that can lead to COVID-19 transmission. (i.e. a full-face shield).
- Any face shield used as a face covering alternative must cover the entire face, extend to the ears and below the chin, and must not have exposed gaps or vents near the eyes, mouth, or nose.
- Masks are required to be worn at all times inside arenas. Approved masks for players within Minnesota Hockey can be found [here](#).
- Face coverings must be worn by all persons at all times, including practices and games with only a few exceptions. People with medical condition, mental health condition or disability that makes it difficult to wear a mask or face covering is exempt from the order. Children under 5 years old are exempt.
- People are not permitted to remove their face coverings during activities that involve a high level of exertion.

At your House

- All players must arrive to the arena fully dressed, with the exception of skates, helmet and gloves. Goalies are allowed to arrive half dressed.
- No equipment bags will be allowed in facilities with the exception of goalies.
- Any staff, volunteers, or participants who are sick must stay home.

Arriving at the Rink

- Drop off skaters at the front doors where the coach(es) will meet the skater.
- Players must not enter the arena prior to 10 minutes before the start of their scheduled ice time. They must exit the arena no later than 10 minutes following the conclusion of their ice time.
- Spectators will be allowed into the facility for practices and games at reservation start time.

On-Ice Activities

- Participants must maintain 6 feet social distancing when not actively playing.
- Keep practices small in size. For youth and adult organized sport practices or training (non-game or competition activities), create pods. Pod sizes cannot exceed 25 people per pod.
 - A “pod” is a group of individuals that only practice or play with members of their own pod, which limits the potential for transmission in the event of an exposure or outbreak. Teams and organizations are responsible for ensuring that members of different pods do not practice together, interact, or otherwise come into close contact while organized sports are occurring. Pods must either practice in physically separate rooms, facilities, or areas, or steps must be taken to ensure that pods are kept separated by a distance of no less than 12 feet at all times. Teams must also avoid reassigning athletes to different pods to the maximum extent possible.

Off-Ice Activity

- Dryland activities will not be allowed inside the arenas.

After On-Ice Activities are Completed

- Players should remove skates and leave the arena within 10 minutes.
- Spectators must leave immediately.
- Parents/Guardians must be made aware of the time when the players will be done. The parents or person assigned to pick up players at the arena must be punctual. Players should not have to wait for a ride.
- Coaches or other responsible adults should remain until all players are safe and removed from the premises.

Spectators

- One parent/guardian of skater will be allowed at the Mite/8U levels and below to enter and assist the skater with getting equipment on and off.
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 - Spectator(s) will enter at reservation time, no earlier and leave immediately after.
 - Maintain 6 feet of social distancing
 - Comply with venue capacity limits
 - Wear a face mask at all times
 - Sit and view game where staff directs you to
 - For practices, spectators and participants all contribute to the total capacity limit of the space, regardless of spacing between spectators and participants.

Team Photography

- Standing close together is a high-risk activity, even when it is a shorter period of time. Consider taking individual photos and using editing software to combine them into a group photo.

- Consider using a longer lens to increase distance between the photography staff and the people being photographed.
- Group photos should be taken outside if at all possible.
- If indoors, use a space where people can be separated to allow for as much social distancing as possible.
- Prepare for the photos before people arrive. For example, identify the site (i.e., bleachers) and pre-mark the spots where people should stand for a group photo to minimize crowding together while coming into the area.
- People should face forward in the same direction.
- People should wear masks as they get into position and keep the mask on until the photographer provides a command to remove masks and take the picture. Time without masks should be very brief. People should replace their masks as soon as photos are done.
- When the photo has been taken, people should quickly separate from others.

Facility

- Locker rooms and showers are not available.
- Interior doors will be propped open to reduce transmission of germs.
- Public hand sanitizing stations will be increased and placed in strategic locations within the facility.
- Hand washing and sanitizing instructions will be posted in appropriate locations.
- Decals have been placed on benches to encourage social distance seating.

Acknowledgement Form

COVID-19 Preparedness Plan

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I also represent that I have received, reviewed, and understood the MPRB Ice Arenas COVID-19 Preparedness Plan. I have understood the rules related to the COVID-19 outbreak, and that I will comply with those rules.

I understand that *until COVID-19 is either eradicated, a vaccine is developed, or a cure is found, there is no way of completely eliminating the risk of infection*. All participation in activities is voluntary. I understand that the risks and circumstances associated with COVID-19 are in constant motion, and I will continue to review information from state and federal health experts regarding how to behave during the COVID-19 outbreak. I understand the risks associated with participating in figure skating and hockey-related activities during the COVID-19 outbreak to the best of my ability based on currently available information. Accordingly, I waive any and all claims of any nature whatsoever against the Minneapolis Park and Recreation Board and other governing agents, and volunteers of each entity, arising out of or related to any potential exposure to or contraction of the COVID-19 virus while participating at the MPRB Ice Arenas scheduled activities.

Renters Agree to the Following:

- I will provide a COVID-19 preparedness plan for my group/organization.
- I have read, reviewed and acknowledge the MPRB Ice Arena's preparedness plan.
- I have shared the MPRB Ice Arena's COVID-19 preparedness plans with your families, skaters, officials, and trainers etc.
- Renters are in **CONTROL** of their players. Renters are to educate players, enforce rules established in this plan or risk losing reservations.
- I agree to report a positive case of COVID-19 to the Ice Arena Manager and the Minnesota Department of Health at health.sports.covid19@state.mn.us.
- I agree to maintain contact information and team rosters to be prepared to support local public health contact tracing efforts if exposures occur.
- I understand if these rules are broken my ice time may be cancelled.

Printed Name

Signature

Dated: _____

CONDUCT HEALTH SCREENING EACH TIME EMPLOYEES OR VISITORS ENTER THE FACILITY.

You may also opt to conduct temperature screening if it can be done with proper social distancing, protection, and hygiene protocols. However, temperature screening is not required.

If a worker or visitor answers “Yes” to any of the screening questions or has a measured temperature above 100.4°F, they should be advised to go home, stay away from other people, and contact their health care provider.



Visitor and Employee Health Screening Checklist

Have you had any of the following symptoms since your last day at work or the last time you were here that you cannot attribute to another health condition?

Please answer “Yes” or “No” to each question. Do you have:

- Fever (100.4 F or higher), or feeling feverish?**
- Chills?**
- A new cough?**
- Shortness of breath?**
- A new sore throat?**
- New muscle aches?**
- New headache?**
- New loss of smell or taste?**