Activity Guide
September - December 2020

North Service Area

Creekview • Farview • Folwell • Harrison • Loring
Kroening Interpretive Center • North Commons • Webber

Program formats subject to change based on current social distancing requirements. Please visit www.minneapolisparks.org/coronavirus for details.
## Directory

### Recreation Centers

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<th>Recreation Center</th>
<th>Building Hours</th>
<th>September 8 - December 31</th>
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<tbody>
<tr>
<td><strong>Creekview Recreation Center</strong></td>
<td>Monday-Friday, 3-9 pm</td>
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<tr>
<td>5001 Humboldt Ave N, Minneapolis, MN 55430</td>
<td>Saturday, 9 am-4 pm</td>
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<tr>
<td>612-370-4965 • <a href="mailto:creekview@minneapolisparks.org">creekview@minneapolisparks.org</a></td>
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<tr>
<td>Nikki Friederich</td>
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</tbody>
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| **Farview Recreation Center**      | Monday-Friday, 3-9 pm                       |                            |
| 621 29th Ave N, Minneapolis, MN 55411 | Saturday, 9 am-4 pm                        |                            |
| 612-370-4922 • farview@minneapolisparks.org | Sunday, 12-5 pm                            |                            |
| Huy Nguyen                         |                                            |                            |

| **Folwell Recreation Center**      | Monday-Friday, 3-9 pm                       |                            |
| 1615 Dowling Ave N, Minneapolis, MN 55412 | Saturday, 9 am-4 pm                        |                            |
| 612-370-4917 • folwell@minneapolisparks.org | Monday, 3-9 pm                             |                            |
| Travis Hegland                     |                                            |                            |

| **Harrison Recreation Center**     | Monday-Friday, 3-9 pm                       |                            |
| 503 Irving Ave N, Minneapolis, MN 55405 | Saturday, 9 am-4 pm                        |                            |
| 612-370-4951 • harrison@minneapolisparks.org | Sunday, 12-5 pm                            |                            |
| Marshall Wylie                     |                                            |                            |

| **Loring Recreation Center**       | Monday-Thursday, 3-9 pm                     |                            |
| 1382 Willow Street, Minneapolis, MN 55403 | Friday, 3-6 pm                             |                            |
| 612-370-4929 • loring@minneapolisparks.org | Monday, 3-9 pm                             |                            |
| Julie Sandin                       |                                            |                            |

| **North Commons Recreation Center**| Monday-Thursday, 12-9 pm                    |                            |
| 1801 James Ave N, Minneapolis, MN 55411 | Friday, 12-6 pm                            |                            |
| 612-370-4921 • northcommons@minneapolisparks.org | Saturday, 11 am-4 pm                      |                            |
| Yvette Griffiea-Gray               |                                            |                            |

| **Webber Recreation Center**       | Monday-Friday, 3-9 pm                       |                            |
| 4400 Dupont Ave N, Minneapolis, MN 55412 | Saturday, 9 am-4 pm                        |                            |
| 612-370-4916 • webber@minneapolisparks.org |                                             |                            |
| Sarah Rossman                      |                                            |                            |

### Kroening Interpretive Center

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<thead>
<tr>
<th>Kroening Interpretive Center</th>
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<tr>
<td>North Mississippi Regional Park</td>
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<td></td>
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<tr>
<td>4900 Mississippi Court, Minneapolis, MN 55430</td>
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<tr>
<td>612-370-4844 • <a href="mailto:northmississippi@minneapolisparks.org">northmississippi@minneapolisparks.org</a></td>
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<tr>
<td>Emily Bowers</td>
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**Supervisor** MaryLynn Pulscher

| 612-313-7784 • mpulscher@minneapolisparks.org |                           |                           |

### North Service Area

<table>
<thead>
<tr>
<th>Manager</th>
<th>Phone</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adam Lares</td>
<td>612-230-6535</td>
<td><a href="mailto:alares@minneapolisparks.org">alares@minneapolisparks.org</a></td>
</tr>
</tbody>
</table>

### Building Hours

September 8 - December 31

- Monday-Friday, 3-9 pm
- Saturday, 9 am-4 pm
- Sunday, 12-5 pm

Drop into our Recreation Centers

The Park Board offers drop-in activities or ActivePass Programs for visitors to socialize, have fun on their own schedule. Find an activity to suit your style — ping-pong, foosball, games in the gym, board games and much more! Most programs offered daily, year-round; hours subject to change. Ask Recreation Center staff about drop-in programs offered.

Recreation Centers

Community gathering spaces

- Computer labs, gyms, craft rooms, meeting rooms and community kitchens
- Room rental available for meetings, banquets and birthday parties; for more information see page 4

MPRB Commissioners

City of Minneapolis voters elect nine commissioners every four years: one from each of the six park districts, and three that serve at-large. The MPRB performs its many duties through the contributions of elected Commissioners and the leadership of the Superintendent. Their actions are guided according to the following roles and responsibilities.

Chris Meyer, Dist. 1 612-230-6443 X 1
Kale Severson, Dist. 2 612-230-6443 X 2
AK Hassan, Dist. 3 612-230-6443 X 3
Jono Cowgill, Dist. 4 612-230-6443 X 4
Steffanie Musich, Dist. 5 612-230-6443 X 5
Brad Bourn, Dist. 6 612-230-6443 X 6
Londel French, At-Large 612-230-6443 X 7
Meg Fornay, At-Large 612-230-6443 X 8
Latrisa Vetaw, At-Large 612-230-6443 X 9

www.minneapolisparks.org
The Minneapolis Park System

The Minneapolis Park and Recreation Board (MPRB) features 251 park properties, including local and regional parks, playgrounds, golf courses, gardens, picnic areas, biking and walking paths, nature sanctuaries, 49 recreation centers and the 55-mile Grand Rounds National Scenic Byway.

The nine-member Board of Commissioners is an independently elected, semi-autonomous body responsible for maintaining and developing the Minneapolis Park system to meet the needs of citizens of Minneapolis. This unique structure allows independent decision-making so the MPRB can efficiently manage the park system and serve the diverse park and recreation needs of the city.

Mission

The Minneapolis Park and Recreation Board shall permanently preserve, protect, maintain, improve, and enhance its natural resources, parkland, and recreational opportunities for current and future generations.

The Minneapolis Park and Recreation Board exists to provide places and recreation opportunities for all people to gather, celebrate, contemplate, and engage in activities that promote health, well-being, community, and the environment.

 Ranked Best Park System

The Minneapolis Park System has been rated #1 in America by the Trust for Public Land’s ParkScore index among the 100 largest U.S. cities.

ParkScore ratings are based equally on three factors: park access (percent of residents within one-half mile of a park); park size (city size and percent of city area dedicated to parks); and services and investment (number of playgrounds and per capita park spending).

Contact Us

To speak with someone in the Customer Service Department about programs and services, call 612-230-6400.

Si aad ulahadasho qof Soomaali ku hadla warbixin ku saabsan banaamiyada iyo adeega beeraha raaxada ama parks-ka, fadlan wac 612-230-6574.

Para hablar con un representante en español sobre los programas y servicios que ofrece el parque, por favor de llamar el número 612-230-6573.
Renting your Parks and Recreation Centers

We want you to use your park facilities to their full potential! Individuals and groups are encouraged to use the centers and park spaces for self-directed activities.

Meeting Spaces

We offer many types of meeting and open spaces throughout the entire park system for all your meeting needs. Groups may be public and/or private agencies, organizations, businesses, or more informal. There are different permit requirements and special use fees, depending on the use.

Weddings and Receptions  Hold your wedding ceremony at one of the park system’s many reservable, picturesque settings, including Lyndale Rose Garden, Minnehaha Park, the Mississippi Riverfront and Theodore Wirth Park.

Birthday Parties  Make your child’s birthday party special! We are committed to making your child’s birthday a fun and memorable event in the parks.

Meetings and Conferences  Let us host your next meeting, workshop or conference in one of the recreation centers.

Courts and Fields

No matter where you live in Minneapolis, you are never too far from a sports field or court. Hundreds of tennis and basketball courts are available, as well as fields for baseball, softball, cricket, football, field hockey, soccer, lacrosse, rugby and more. Most athletic fields may be rented for scheduled practices and games. Some parks offer single fields, and others offer multiple field sports complexes which can be rented for tournaments. Neiman Sports Complex features eight full-size soccer fields, two baseball fields, two youth baseball/fastpitch softball fields, and one adult softball field.

Any user wishing to reserve an athletic facility must fill out and submit an application form found on the MPRB website. All MPRB owned facilities will be reserved through the following process:

Ongoing blanket permits  Permit reservations for multiple ongoing dates of usage or at regional facilities are permitted through the citywide permit coordinator in the Athletics and Aquatics Department.

Week to week permits at park facilities  Park facilities are permitted on a week to week basis through full-time recreation staff at recreation centers.
Registration

Three Ways to Register!

• Online: http://activenet.active.com/minneapolisparks using your Visa/MasterCard/Discover/American Express and your username and password.

• Walk-In: Registrations are accepted in person at any recreation center in Minneapolis during business hours.

• Over the phone: Available only for Visa/MasterCard/Discover/American Express payments. Call the MPRB Customer Service Department at 612-230-6400 or any recreation center during business hours and have your credit card ready to register by phone.

When to Register Registration will begin on August 3 at 12 pm (noon). Registration is required for all programs, trips and free activities. You are not considered registered until you have paid all fees and you receive a confirmation via email. When registering in person, ask for a receipt.

Class Transfers You may transfer classes with no fee penalty and you must make them at least one week prior to the class start date assuming there is availability.

Missed Classes We do not issue refunds for missed classes or for quitting after the class start date.

Up-to-the-Minute Activities New and fun activities are sometimes added after this publication goes to print. Look on ActiveNet for the most up-to-date activities.

Fee Assistance The Minneapolis Park and Recreation Board Fee Assistance Program assists Minneapolis residents when financial limitations occur. Eligibility for the program is determined by meeting the current income guidelines, completing an application and providing documentation. Fee assistance is for the instructional portion of fees only and not for supplies, extra fees, or admission costs for field trips.

Inclusion Support Services are available for children and adults with disability related needs who participate in Minneapolis Park and Recreation Board programs. Please contact the Therapeutic Recreation and Inclusion Coordinator at the time of registration to discuss options for successful inclusion. Email inclusion@minneapolisparks.org, call 612-499-9144, or use your preferred Telecommunications Relay Service.

ADA In accordance with the requirements of Title II of the Americans with Disabilities Act of 1990, the Minneapolis Park and Recreation Board will not discriminate against qualified individuals with disabilities on the basis of disability in its services, programs, or activities.

How to Use this Catalog

Refunds Refund requests must be submitted to the location or department where the program is being held. These procedures include all recreation center programs.

If the Minneapolis Park and Recreation Board (MPRB) cancels a program, all registration fees will be fully refunded.

• Programs may be canceled due to low enrollment.
• If a program is canceled, every attempt will be made to give registrants at least 48 hours’ notice.
• Refunds will be offered for registrant conflicts that are due to schedule changes initiated by the MPRB.
• Refunds due to customer cancelation will be as follows:

  In lieu of reduced refunds or administrative fees charges, 100% of the registration fee can be added on your account for future registration fees.

  • Cancellation of more than 15 business days before the start of the program: a full refund minus a $5 administrative fee.
  • Cancellation of 8 to 15 business days before the start of the program: a 50% refund.
  • No refund will be given for cancellations 7 or less business days prior to the start of the program.
  • If a cancellation is due to a medical reason or other family circumstance, it can be reviewed by the full-time staff on a case-by-case basis.
  • Refunds can only be made by a full-time certified staff.
  • Fees for transfers from one MPRB program to another will be reviewed on a case-by-case basis and may be allowed without a penalty.
  • If a program is canceled due to weather, refunds may be made on a case-by-case basis.

Absolutely no refunds will be given for participant no-shows.
Nature Activities

Bird Watching
Join a naturalist for bird watching in a Minneapolis Park! Discover strategies for using binoculars, distinguish characteristics of bird types through shapes, sounds, habitat and behavior, or learn about the Mississippi River Flyway as we walk the park.

First Saturday of each month at North Mississippi Regional Park.
Every other Wednesday from 8:30am-10am at Kroening Interpretive Center.
Eloise Butler Wildflower Garden and other regional programs to be announced.

Hikes
Get outside for a walk in the park with a naturalist guide. Explore different habitats such as woodlands, wetlands, prairie and river shore to find out what’s happening in nature during the fall season.

Trail Trekkers at Kroening Interpretive Center
Sept 5, Oct 3 & Nov 7  Adults: 10am-11am  Families: 11:15am-12:15pm.
Noticing Nature last Tuesdays 5pm-6pm at North Mississippi Regional Park.
Eloise Butler Wildflower Garden and other regional programs to be announced.

Outdoor Explore
Come experience nature in autumn on a naturalist-led exploration! Learn about seasonal topics such as insects, mushrooms, or animal signs through investigation and discovery. Tune in to your senses during evening excursions or guided meditations. Explore, experience and learn by doing.

Bonfire Bunch evenings at North Mississippi Sept 15, Oct 20, and Nov 17.
Eloise Butler Wildflower Garden and other regional programs to be announced.

Family Fun
Bring the family out for some nature fun with a naturalist. Enjoy nature art projects, story time and outings through natural habitats.

Family Funday Sundays each month at Kroening Interpretive Center.
Home School class 2nd Thursdays 1pm-3pm at Kroening Interpretive Center.
Eloise Butler Wildflower Garden and other regional programs to be announced.

Young Children
Nature Tots
Every other Sunday at Kroening Interpretive Center 11:30am–12:30pm.
Eloise Butler Wildflower Garden and other regional programs to be announced.

Nature Nuts
Play Groups at select neighborhood recreation centers.
Story Strolls at Kroening Interpretive Center Wednesdays 9:15am-10:15am.

Seasonal Highlights
• Animal Masquerade Party 12:30-3pm Saturday, October 31 at Kroening Interpretive Center
• Nature’s Black Friday Fun 11am-3pm Friday, November 27 at Kroening Interpretive Center
• Winter Solstice Celebration 5–9 pm Saturday, December 19 at North Mississippi Regional Park

Neighborhood Nature
Neighborhood Naturalists at your local City Parks!
Providing weekly nature themed programs for kids
Nature Nuts: ages 3-6
Jr. Naturalists: ages 6-12
Naturalist Round-up: ages 0-18

Eloise Butler Wildflower Garden
Theodore Wirth Regional Park
Open Seasonally
• 15 acres of biodiversity
• 500 plant species
• 130 bird species

612-370-4903
minneapolisparks.org/ebwg

Kroening Interpretive Center
North Mississippi Regional Park
Open year round
• New exhibit area
• New nature play space
• Nature Birthday Parties

School Release Days
8am-4pm for ages 6-12
MEA Break: Oct 14-16
Animal Detectives: Nov 1
Winter Survival: Dec 21 - 23

Winter Break
Frosty Fur Ball: Dec 28 - 31

612-370-4844
minneapolisparks.org/nmiss
Recreation Plus

School Year 2020–2021
Monday–Friday
September 8, 2020 – June 11, 2021

Affordable, Quality School-Age Childcare

The Minneapolis Park and Recreation Board offers Rec Plus for children in kindergarten-6th (must have completed Kindergarten to participate) grades at neighborhood recreation centers. Rec Plus enables children to experience the positive benefits of a balanced recreation program and provides a safe environment that promotes healthy physical and social development.

Rec Plus operates before and after school, summer and on school release days, depending on the site. The program offers children opportunities to exercise, make new friends, gain confidence and have fun. Activities include games and sports, arts and crafts, homework help, field trips and nutritious snacks.

Contact your desired Rec Plus site for availability and registration information. Full-time and part-time spots are available. Space is limited per site. Rec Plus follows the Minneapolis Public Schools schedule.

Questions:
Margaret Jaeger, Child Development Manager
Bryce Mack, Child Development Supervisor
2117 West River Road
Minneapolis, Minnesota 55411-2227
612-230-6498
612-370-4852
recplus@minneapolisparks.org
www.minneapolisparks.org/recplus

Program Fees

Before-School Rec Plus
AM Early: 7:00–8:40 am $7.60/day
AM Late: 7:00–9:40 am $10.20/day

After-School Rec Plus
PM Early: 2:00–6:00 pm $16.50/day
PM Late: 3:10–6:00 pm $11.35/day

School Release Days
7:00 am–6:00 pm (Rec Plus clients) $40/day
(Release Day only) $44/day

Non-Minneapolis residents pay a non-resident rate of 50 percent more for leadership fees.

Partial fee assistance is available for eligible Minneapolis Residents. Qualifying families may also apply through the Hennepin County Child Care Assistance program. Please contact your local park for more information.

The Minneapolis Park and Recreation Board (MPRB) is and Affirmative Action and Equal Opportunity Employer. In accordance with the requirements of Title II of the American with Disabilities Act of 1990 (ADA), the MPRB will not discriminate against qualified individuals with disabilities on the basis of disability in its services, programs, or activities.
Recreation Plus

Armatage Recreation Center
RecPlusArmatage@minneapolisparks.org
2500 57th St W 55410
612-370-4912
after school, release days, summer

Audubon Recreation Center
RecPlusAudubon@minneapolisparks.org
1320 29th Ave NE 55418
612-370-4910
before/after school, release days, summer

Brackett Recreation Center
RecPlusBrackett@minneapolisparks.org
2728 39th Ave S 55406
612-370-4924
after school, summer

Bryant Square Recreation Center
RecPlusBryantSquare@minneapolisparks.org
3101 Bryant Ave S 55408
612-370-4907
after school, summer

Corcoran Recreation Center
RecPlusCorcoran@minneapolisparks.org
3334 20th Ave S 55407
612-370-4919
after school

Fuller Recreation Center
RecPlusFuller@minneapolisparks.org
4802 Grand Ave S 55419
612-370-4963
after school, summer

Harrison Recreation Center (NEW)
RecPlusHarrison@minneapolisparks.org
503 Irving Avenue North 55405
612-370-4951
after school, summer

Hiawatha School Park Recreation Center
RecPlusHiawathaSchoolPark@minneapolisparks.org
4305 E 42nd St 55406
612-370-4952
before/after school, release days, summer

Keewaydin Recreation Center
RecPlusKeewaydin@minneapolisparks.org
3030 E 53rd St 55417
612-370-4956
before school, release days, summer

Kenwood Recreation Center
RecPlusKenwood@minneapolisparks.org
2101 W Franklin Ave 55405
612-370-4941
after school, release days, summer

Lake Nokomis Recreation Center
RecPlusNokomis@minneapolisparks.org
2401 E Minnehaha Pkwy 55417
612-370-4923
summer only

Lynnhurst Recreation Center
RecPlusLynnhurst@minneapolisparks.org
1345 Minnehaha Pkwy W 55419
612-370-4914
before/after school, release days

Matthews Recreation Center
RecPlusMatthews@minneapolisparks.org
2318 28th Ave S 55406
612-370-4950
after school, release days, summer

McRae Recreation Center
RecPlusMcRae@minneapolisparks.org
906 E 47th St 55407
612-370-4909
after school, summer

Northeast Recreation Center
RecPlusNortheast@minneapolisparks.org
1530 Johnson St NE 55413
612-370-4920
summer only

Sibley Recreation Center
RecPlusSibley@minneapolisparks.org
1900 E 40th St 55407
612-370-4954
after school, summer

Waite Recreation Center
RecPlusWaite@minneapolisparks.org
1810 34th Ave NE 55418
612-370-4959
before/after school, release days, summer

Webber Recreation Center
RecPlusWebber@minneapolisparks.org
4400 Dupont Ave N 55412
612-370-4916
before/after school, release days, summer

Windom Recreation Center
RecPlusWindom@minneapolisparks.org
2251 Hayes St NE 55418
612-370-4905
after school

Release Days are an option for all children (including those not enrolled in Rec Plus) who only need childcare on school release days. Space is limited and you must register a minimum of two weeks in advance. We offer nine school release day sites.
Adaptive Swim Lessons
Adaptive Swim Lessons for youth and adults with disabilities will help you gain comfort and confidence in and around water as our trained instructors facilitate games, skill building, and water safety in a safe environment with peers.

**Youth:** Wednesdays 4–4:40pm
October 14–November 4 and November 11–December 2
Wednesdays 4:50–5:30pm
October 14–November 4 and November 11–December 2

**Adults:** Fridays 11:20am–noon
October 16–November 6 and November 13–December 4

$28 Minneapolis residents, $42 non-residents
Phillips Community Center
2323 11th Avenue South

**Youth Adaptive Sports Sampler**
Interactive fun for children of all ability levels. Learn a variety of sports through games, drills and activities!

**Ages 5–12:** Tuesdays 4–4:45 pm
October 6–November 3
$40 Minneapolis residents, $60 non-residents
Matthews Recreation Center
2318 29th Avenue South

**Adaptive Open Gym (Drop In)**
Shooting hoops and other gym activities with your friends are great ways to get into shape and have fun! This is an ActivePass Program for drop-in play. Get an ActivePass from front desk staff. Youth under the age of 18 need a guardian’s signature to receive a pass.

**Ages 13+:** Second Saturday of the month, 2–3:30pm, year-round
FREE, Drop-In
Northeast Recreation Center
1530 Johnson Street Northeast

**Bonfire Bunch**
Enjoy a bonfire, nature-inspired arts and crafts, guided nature walks, snacks and visiting with friends. It will be “bunches” of fun! This program takes place outside so please dress for the weather.

**Ages 18+:** Tuesday 6–7:30pm
September 15, October 20
$5, pre-registration encouraged, but not required
Kroening Interpretive Center
4900 North Mississippi Drive

**Trail Trekkers**
Spend the morning walkin’ or a rollin’ on park paths with a naturalist guide in search of nature’s treasures during this program for adults with developmental disabilities or families that have children with disabilities. Use different tools like binoculars and magnifying glasses to examine high up in the trees or down low under logs. Come enjoy the exploration – who knows what we may find?

**Ages 18+:** Saturday 10–11am
September 5, October 3

**Families:**
Saturday 11:15 am–12:15 pm
(All Ages): September 5, October 3
FREE, but please pre-register
Kroening Interpretive Center
4900 North Mississippi Drive

**Brunch and Bingo**
What is better than bingo and brunch? Enjoy a delicious brunch followed by bingo.

**Ages 18+:** Saturdays, 10am–noon
$5; pre-registration required.
Register by calling 612-668-2478
Dates/Locations vary through the year

**Jammin’ at Northeast (Drop-In)**
Get your groove on at our social program for adults with developmental disabilities. Once a month, join your friends for a night of dancing and socializing to the best classic and new dance jams. A light snack and beverage will be provided.

**Ages 18+:** Third Saturday of the month 6–8pm,
September 19, October 17, November 21, December 19
$5, Drop In
Northeast Recreation Center
1530 Johnson Street Northeast

**Family Fun at Coyle (Drop-In)**
Parents and children meet weekly on Sundays to chat and engage in various recreation activities geared toward Somali families of children with autism. A portion of the program will be dedicated to programming specifically for children and the other portion will engage families together in activities.

**Ages 11 and under and their families:**
Sundays noon–2pm, year-round
FREE, Drop-In
Coyle Community Center
420 15th Avenue South

**Youth Adaptive Yoga**
Adaptive Yoga for youth with disabilities is a new, free program! Our youth-centered and experienced instructors will meet each child at their level while integrating games, breathing techniques and playful poses.

All equipment provided. Please wear comfortable clothes and bring a water bottle to each class.

**Youth:** Mondays 6:15–7:15pm
October 5–November 2
FREE, pre-registration required
Brackett Recreation Center
2728 29th Avenue South

Recreation for everyone! Minneapolis Park and Recreation Board is committed to making all of its programs accessible to anyone. Inclusion is individuals with and without disabilities participating in recreation activities simultaneously. Inclusive Recreation makes programs available to people with disabilities and benefits ALL participants. All MPRB programs are considered inclusive and welcome everyone. The Therapeutic Recreation staff will work with program staff, families, and individuals to provide support using individualized techniques and resources to enhance program participation without fundamentally altering the program. If you’ve registered for a program and are ready to complete the paperwork required to receive inclusion support, contact the Therapeutic Recreation and Inclusion Coordinator at 612-499-9144. Inclusion support must be requested at least two weeks prior to program start date.

Questions? Call 612-230-6478 or email sthorsen@minneapolisparks.org.
Preschool

Cooking & Nutrition

MPS Food Service Program
The Food Service Program provides children nutritious meals during fall months. Types of meals served vary by site and are available on a first-come-first-serve basis.

Dinner
Creekview Rec Center
#111221  M Tu W Th F  9/8 - 12/18  5pm – 8pm
Farview Rec Center
#111420  M Tu W Th  9/7 - 12/31  5pm - 6pm

Snack
Creekview Rec Center
#111220  M Tu W Th F  9/8 - 12/18  3pm - 8pm
Farview Rec Center
#111421  M Tu W Th F  9/7 - 12/31  3pm - 5pm
Webber Rec Center
#111201  M Tu W Th F  9/14 - 11/27  3pm – 4p

Cookie Decorating
Come in and decorate cookies. Material provided.

Loring Rec Center
#109907  M  12/28  3pm - 4pm

Health & Fitness

Power Hour
Need something for the little ones to do during yoga or aerobics at North Commons. Sign your kiddos up for this fun power hour of arts and crafts. Parent/Guardian must remain onsite for child to participate in this program.

North Commons Rec Center
#111034  M Tu W Sa  9/14 - 12/23  6pm - 7pm

RevSports

RevSports: Basketball KinderStars
This class will have a limited class size to respect appropriate social distancing. This is a fun, active, RevSports instructional basketball class that focuses on individual player development. This is a parent involved class.

Creekview Rec Center
#111752  Tu  9/15 - 10/13  6pm - 6:45pm
#111754  Tu  10/27 - 11/24  6pm - 6:45pm

RevSports: Soccer PreStars
This class will have a limited class size to respect appropriate social distancing. Please reference RevSports.org for more information. This is a fun, active, RevSports instructional soccer class that focuses on individual player development. This class is parent involved.

Ages 3-5  Res $30 / Non-Res $45
Creekview Rec Center
#111756  W  8/12 - 9/9  6:15pm - 7pm
#111758  W  9/16 - 10/21  6:15pm - 7pm

Webber Rec Center
#111774  M  8/10 - 9/14  5pm - 5:45pm
#111776  M  9/21 - 10/19  5pm - 5:45pm

RevSports: Tumbling PreStars
This class will have a limited class size to respect appropriate social distancing. Please reference RevSports.org for more information. This active and fun five-week class teaches basic gymnastics moves. Activities vary each day. This class is parent involved.

Ages 3-5  Res $30 / Non-Res $45
Creekview Rec Center
#111760  M  10/26 - 11/23  6pm - 6:45pm

RevSports: Ninja Warrior Games PreStars
This class will have a limited class size to respect appropriate social distancing. Please reference RevSports.org for more information. This active and fun five-week class teaches how to take on ninja warrior type obstacles in a fun, game-like setting. Activities vary each day and Instructors bring portable ground-based obstacles to each location.

Ages 3-5  Res $30 / Non-Res $45
Webber Rec Center
#111778  Tu  8/11 - 9/8  5pm - 5:45pm
#111780  Tu  9/15 - 10/13  5pm - 5:45pm
#111782  Tu  10/27 - 11/24  5:30pm - 6:15pm

Creekview Rec Center
#111746  M  8/10 - 9/14  6pm - 6:45pm
#111748  M  9/21 - 10/19  6pm - 6:45pm

Arts

Beginner Dance and Movement
This ballet class is for those who love to move and groove to the latest beats. Our instructor, will lead the kids in basic ballet steps, body flow and stretching.

Ages 3-4  Res $45 / Non-Res $67.50
Webber Rec Center
#111199  W  9/9 - 10/14  6pm - 6:45pm
Open Piano time
Come down to Webber Park and play the piano for fun!
Ages 17 and Under Free
Webber Rec Center
#111204  M Tu W Th F  9/7 - 12/21  3pm - 5pm

Hobbies, Clubs Games

Indoor Playground
Does your child have energy to burn? Explore a new world at our highly-interactive, drop-in style social playtime! This is an unsupervised activity; parents or a guardian must accompany their child(ren).
Ages 5 and Under Free
Creekview Rec Center
#111205  F  10/2 - 12/18  10:30am - 12pm
Webber Rec Center
#111246  W  9/16 - 12/9  10:30am – 12pm
Loring Rec Center
#109915  W  12/23 - 12/30  1pm - 3pm

Creekview Preschool
Preschoolers will explore and learn about their world through play, stories, music and hands-on art & science activities. A light snack is included. This class meets the first and third Tuesday. Instructor Kristen Lace
Ages 3-5  Res $30 / Non-Res $45
Creekview Rec Center
#111206  Tu Th  9/15 - 10/1  10am - 12pm
#111207  Tu Th  10/6 - 10/29  10am - 12pm
#111208  Tu Th  11/3 - 11/24  10am - 12pm
#111209  Tu Th  12/1 - 12/17  10am - 12pm

Stay & Play
This is an interactive program geared for parents and children to do together. We will explore and learn together through hands-on activities and programs. Instructor Kristen Lace
Ages 5 and Under Res $20 / Non-Res $30
Creekview Rec Center
#111210  W  9/9 - 10/7  10am - 12pm
#111211  W  10/21 - 11/18  10am - 12pm
#111212  W  12/2 - 12/16  10am - 12pm
#111228  Sa  12/12  11am - 1pm

Snapology Jr. Engineers
Young students build fun and simple models using DUPLO® blocks. By playing with and manipulating the models, they experience pulleys, levers, gears, wheels and axles while exploring energy, buoyancy, and balance. Classes include free-building time to promote creativity.
Ages 4-6  Res $10 / Non-Res $15
Folwell Rec Center
#109090  M  10/26 - 11/16  6pm - 7pm

Gingerbread House Making
We'll supply all the materials, you bring your creativity.
Ages 11 and Under Supply Fee $3
Loring Rec Center
#109910  W  12/21  3:30pm - 5pm

Language & Culture
New Year's around the world
Learn new year's traditions from around the world.
Ages 11 and Under Free
Loring Rec Center
#109918  W  12/30  3pm - 5pm

Nature & Environment
Nature Nuts: Storybook Stroll
Get those inquisitive minds and bodies exploring nature through storybooks! Bring your little one outside for an active literary adventure while discovering nature themes during imaginative play. Each week check out a new book alongside naturalist guided exploration activities while strolling through the park with other children and their guardians.
Ages 2-5  Registration Fee $2
Kroening Interpretive Center
#109814  W  9/16  9:15am - 10:15am
#109815  W  9/23  9:15am - 10:15am
#109816  W  9/30  9:15am - 10:15am
#109817  W  10/7  9:15am - 10:15am
#109818  W  10/14  9:15am - 10:15am
#109819  W  10/21  9:15am - 10:15am
#109820  W  10/28  9:15am - 10:15am
#109821  W  11/4  9:15am - 10:15am
#109822  W  11/11  9:15am - 10:15am
#109823  W  11/18  9:15am - 10:15am
Nature Tots: Bunches of Butterflies
It's Monarch time! Find out how these beautiful butterflies grow from teeny tiny egg to marvelous migrating adults. Go on a prairie adventure in search of fluttering wings and tag the ones we catch to follow their journey to Mexico. This is a child/adult interactive program.
Ages 2-5 Registration Fee $5
Kroening Interpretive Center
#109824  Su  9/13  11:30am - 12:30pm

Nature Tots: Grasshoppers & Crickets
Watch your feet, those bugs are jumping! Learn about the all-star jumpers of the insect world as we explore their grassland habitat. Hop on over for a cricket catching, grasshopper grabbing, fun filled afternoon. This is a child/adult interactive program.
Ages 2-5 Registration Fee $5
Kroening Interpretive Center
#109828  Su  9/27  11:30am - 12:30pm

Nature Tots: Falling Leaves
Why do trees lose their leaves each fall? Follow the journey of a leaf throughout the year and explore the many different colors, shapes, sounds and smells of autumn leaves as we hike through the woods and along the river. This is a child/adult interactive program.
Ages 2-5 Registration Fee $5
Kroening Interpretive Center
#109825  Su  10/11  11:30am - 12:30pm

Nature Tots: Gone Batty
Minnesota bat migration is underway! Learn about some of the different types of bats that live here and how they prepare for winter. This is a child/adult interactive program.
Ages 2-5 Registration Fee $5
Kroening Interpretive Center
#109827  Su  10/25  11:30am - 12:30pm

Nature Tots: Floating & Flying Ducks
Find out why ducks are such good swimmers and flyers and how to tell different ducks apart. Not all ducks take to the skies in their flying V to migrate south for the winter, some will just stay put. We'll look high and low along the river in search of our funny, feathered friends. This is a child/adult interactive program.
Ages 2-5 Registration Fee $5
Kroening Interpretive Center
#109826  Su  11/8  11:30am - 12:30pm

Nature Tots: Oh Deer
In the woods, the deer are waiting, with watchful eyes and perked ears. Hike the park to look for nibbled plants, antler rubs, scat and footprints left behind. Find out how our local deer are getting ready for the cold winter ahead. This is a child/adult interactive program.
Ages 2-5 Registration Fee $5
Kroening Interpretive Center
#109829  Su  11/22  11:30am - 12:30pm

Nature Tots: Ready for Winter
The chill of winter is setting in, so how do animals survive outside in the cold all winter long? Learn some of the strategies Minnesota animals use to keep safe, warm, and fed during the coldest months of the year. This is a child/adult interactive program.
Ages 2-5 Registration Fee $5
Kroening Interpretive Center
#109830  Su  12/6  11:30am - 12:30pm

Nature Tots: Snowflakes
Discover the science of snow! Where does it come from? How many types of snowflakes are there? What happens to snow when it melts? Conduct snow experiments and examine snowflakes to answer these questions and more. This is a child/adult interactive program.
Ages 2-5 Registration Fee $5
Kroening Interpretive Center
#109831  Su  12/20  11:30am - 12:30pm
Computers & Tech
Snapology Mega Machines Robotics
In Snapology's Mega Machine Robotics class, students will create some of their favorite motorized vehicles. Students will learn about gear ratio, sensors, pulleys, cranks, and programming as they build trucks, space rovers, helicopters, and more.
Ages 7-11 Res $40 / Non-Res $60
Folwell Rec Center
#109091 M 10/26 - 11/16 7pm - 8pm

Cooking & Nutrition
Kitchen Creations
Nothing brings people together like good food. Participants will have hands-on experiences making healthy snacks and meals and some sweet treats too!
Ages 9-11 Free
Farview Rec Center
#111412 Th 11/5 - 12/17 6pm - 8:30pm
Folwell Rec Center
#109085 Th 10/8 - 11/19 6pm - 7pm
Harrison Rec Center
#109935 M 9/28 - 11/23 5pm - 6:30pm
North Commons Rec Center
#109744 W 9/9 - 11/18 6pm - 7pm

MPS Food Service Program
The Food Service Program provides children nutritious meals during fall months. Times and types of meals served vary by site and are available on a first-come-first-serve basis.
Ages 18 and Under Free
Dinner
Creekview Rec Center
#111221 M T W Th F 9/8 - 12/18 5pm - 8pm
Harrison Rec Center
#109937 M T W Th F 9/7 - 1/11 5pm - 6pm
Farview Rec Center
#111420 M T W Th 9/7 - 12/31 5pm - 6pm
Snack
Creekview Rec Center
#111220 M T W Th F 9/8 - 12/18 3pm - 8pm
North Commons Rec Center
#109745 M T W Th F 9/14 - 11/27 3pm - 8pm

Cookie Decorating
Come in and decorate cookies. Material provided.
Ages 11 and Under Supply Fee $3
Loring Rec Center
#109907 M 12/28 3pm - 4pm

Arts
Creative Arts
Express yourself in new and exciting ways with paint, color, paper, and other media.
Ages 6-11 Free
Farview Rec Center
#111411 Tu 9/15 - 10/20 4pm - 5pm
Folwell Rec Center
#111725 W 9/9 - 11/25 6pm - 7pm
Harrison Rec Center
#109931 Tu Th 9/8 - 12/24 4:30pm – 5:30pm

Glitter & Glow
What rules supreme in your child’s world? Art projects that glitter or glow-in-the-dark? No need for your child to choose when you sign them up for this art class!
Ages 5-12 Supply Fee $10.00
Folwell Rec Center
#109081 M 10/19 - 11/9 5:15pm - 6:15pm

Insane Slime
Sign up early for this popular class! It's silly and slimy and insanely fun. We'll get silly with silly putty, messy with muck and so much more.
Ages 4-9 Supply Fee $10.00
Folwell Rec Center
#109082 Th 11/19 5:30pm - 7:30pm

Winter Slime Making
Come in and engage your sense of touch. All materials provided.
Ages 6-11 Free
Loring Rec Center
#109924 Tu 12/22 3pm - 4pm

Health & Fitness
Hip Hop Cardio Fitness
HipHop Cardio Dance Fitness Taking the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning HipHop Dance Fitness Party!
Ages 10+ Free
Creekview Rec Center
#111223 Tu 9/8 - 10/27 6pm - 7pm
Open Basketball
Hoop it up! Improve you jump shot, meet new friends, get into shape or take a break from the TV or video games.
Ages 6-17 Free
Creekview Rec Center #111222 Th 9/10 - 11/19 6:15pm - 8:15pm
Farview Rec Center #111417 M Tu W TH F 9/9 - 11/25 3pm - 5:30pm
Folwell Rec Center #109087 M W 9/7 – 1/4 6pm - 8pm
Harrison Rec Center #109938 M Tu W F 9/9 - 12/4 6pm – 8:30pm
North Commons Rec Center #110999 Tu Th 9/10 - 11/24 4pm - 6pm

Creekview Dance Team - Royal Dolls
This program will focus on hip hop Drill Team skills that will encourage the participants to express themselves through the art of dance.
Ages 8-17 Res $25 / Non-Res $37.50
Creekview Rec Center #111216 Tu Th Sa 9/19 - 10/29 1pm - 8pm
#111217 Tu Th Sa 11/7 - 12/17 1pm - 8pm

Kempo Martial Arts
Seven Dragons Kempo is committed to the promotion of the Martial Arts and the benefit of mankind through the teaching of humility and self-restraint. Classes are open to all experience levels. Learn Kempo martial arts technics, practical self-defense, physical conditioning and character development.
Ages 7-13 Res $10 / Non-Res $15
Folwell Rec Center #109083 M 9/7 – 1/4 5:30pm - 6:45pm

Power Hour
Need something for the little ones to do during yoga or aerobics at North Commons. Sign your kiddos up for this fun power hour of arts and crafts and other fun activities. Parent/Guardian must remain onsite for child to participate in this program.
Ages 3-11 Free
North Commons Rec Center #111034 M Tu W Sa 9/14 - 12/23 6pm - 7pm

Sports
Youth Flag Football: 6U Open
Every NFL Player started somewhere! Learn basic football plays, offensive and defensive skills and concepts Drills, fun games and team interaction are used to teach the fundamentals of flag football.
Ages 5-6 Supply Fee $10
Creekview Rec Center #111088 F 9/18 - 10/23 6pm - 7pm
Farview Rec Center #110959 F 9/18 - 10/23 6pm - 7pm
Folwell Rec Center #111242 F 9/18 - 10/23 6pm - 7pm
Harrison Rec Center #111167 F 9/18 - 10/23 6pm - 7pm
North Commons Rec Center #111010 F 9/18 - 10/23 6pm - 7pm
Webber Rec Center #111198 F 9/18 - 10/23 6pm - 7pm

Youth Flag Football: 8U Open
Every NFL Player started somewhere! Learn basic football plays, offensive and defensive skills and concepts Drills, fun games and team interaction are used to teach the fundamentals of flag football.
Ages 7-8 Supply Fee $10
Creekview Rec Center #111089 F 9/18 - 10/23 6pm - 7pm
Farview Rec Center #110958 F 9/18 - 10/23 6pm - 7pm
Folwell Rec Center #111243 F 9/18 - 10/23 6pm - 7pm
Harrison Rec Center #111168 F 9/18 - 10/23 6pm - 7pm
North Commons Rec Center #111013 F 9/18 - 10/23 6pm - 7pm
Webber Rec Center #111202 F 9/18 - 10/23 6pm - 7pm
Youth Soccer: 6U Open Northside
Learn the fundamental skills of soccer, meet new friends, enhance old skills and get in shape. Players will be introduced to competition in developmentally appropriate methods.
Ages 5-6  Res $25 / Non-Res $37.50
Creekview Rec Center  #111090  Tu Sa  9/8 - 10/31  6pm - 11am
Farview Rec Center  #111403  Tu Th Sa  9/1 - 10/24  6pm - 11am
Folwell Rec Center  #111244  Tu Sa  9/8 - 10/31  6pm - 11am
Harrison Rec Center  #111190  Tu Sa  9/8 - 10/31  6pm - 11am
North Commons Rec Center  #111016  Tu Sa  9/8 - 10/31  6pm - 11am
Webber Rec Center  #111249  Tu Sa  9/8 - 10/31  6pm - 11am

Youth Soccer: 8U Open Northside
Learn the fundamental skills of soccer, meet new friends, enhance old skills and get in shape. Players will be introduced to competition in developmentally appropriate methods.
Ages 7-8  Res $25 / Non-Res $37.50
Creekview Rec Center  #111092  Th Sa  9/10 - 10/31  6pm - 12pm
Farview Rec Center  #111404  Tu Th Sa  9/1 - 10/24  6pm - 12pm
Folwell Rec Center  #111245  Th Sa  9/10 - 10/31  6pm - 12pm
Harrison Rec Center  #111191  Th Sa  9/10 - 10/31  6pm - 12pm
North Commons Rec Center  #111082  Th Sa  9/10 - 10/31  6pm - 12pm
Webber Rec Center  #111250  Th Sa  9/10 - 10/31  6pm - 12pm

Ultimate Gym Sports
Youth will have the opportunity to participate in a variety of indoor gym games and outdoor games.
Ages 9-13  Free
Farview Rec Center  #111418  W  9/16 - 10/21  6pm - 8pm
Folwell Rec Center  #109095  F  9/11 - 12/18  3pm - 5:30pm

RevSports

RevSports: Ninja Warrior Games MiniStars
This class will have a limited class size to respect appropriate social distancing. This class and fun five-week class teaches how to take on ninja warrior type obstacles in a fun, game-like setting. Activities vary each day and Instructors bring portable ground-based obstacles to each location.
Ages 5-8  Res $30 / Non-Res $45
Creekview Rec Center  #111747  M  8/10 - 9/14  7pm - 7:45pm
#111749  M  9/21 - 10/19  7pm - 7:45pm
Webber Rec Center  #111779  Tu  8/11 - 9/8  6pm - 6:45pm
#111781  Tu  9/15 - 10/13  5:50pm - 6:35pm
#111783  Tu  10/27 - 11/24  6:30pm - 7:15pm

RevSports: Basketball MightyStars
This class will have a limited class size to respect appropriate social distancing. This is a fun, active, RevSports instructional basketball class that focuses on individual player development. Each day will focus on a specific topic building on the previous topic, including dribbling, shooting, defending, passing, and more.
Ages 6-9  Res $30 / Non-Res $45
Creekview Rec Center  #111751  Tu  8/11 - 9/8  7pm - 7:45pm
#111753  Tu  9/15 - 10/13  7pm - 7:45pm
#111755  Tu  10/27 - 11/24  7pm - 7:45pm

RevSports: Soccer MiniStars
This class will have a limited class size to respect appropriate social distancing. Please reference RevSports.org for more information. This is a fun, active, RevSports instructional soccer class that focuses on individual player development. Each day will focus on a specific topic building on the previous topic, including dribbling, shooting, defending, passing, and more.
Ages 5-8  Res $30 / Non-Res $45
Creekview Rec Center  #111757  W  8/12 - 9/9  7:15pm - 8pm
#111759  W  9/16 - 10/21  7:15pm - 8pm
Webber Rec Center  #111775  M  8/10 - 9/14  6pm - 6:45pm
#111777  M  9/21 - 10/19  5:50pm - 6:35pm
Youth

Citywide Youth Sports Leagues
The MPRB Athletic, Aquatics and Ice Arena Department provides positive recreation experiences for youth ages 9-18. These experiences help our youth develop new physical and social skills in a fun, participatory and safe environment under the guidance of knowledgeable and supportive coaches. In this way Youth Sports programs contribute to the individual’s physical, social, emotional, cultural and educational growth and development.

Registration Information
For more information, stop in or call your local park. You may need to register directly through a specific activity council (separate from but in cooperation with parks).

FAQ
Will I need to purchase additional equipment in order for my child to participate?
Equipment needs vary by sport and/or Recreation Center. Please check with your Recreation Center prior to registration.

How is my child’s age division determined?
By pre-established age guidelines set by the Youth Sports Department. Age verification in the form of a birth certificate, baptismal certificate, immunization card, certification from school administration, etc. is required for participation.

How many days per week will my child practice?
On average, the team will practice 1-2 times per week.

How many games will my child play?
On average, the team will play games 1-3 times per week, for a total of 8-12 games per season.

Where will my child practice and play games?
Practices will take place at your recreation center or at a nearby facility. The majority of games will be played within the city limits of Minneapolis.

How will I receive information about practices and games? Information about practices and games will come from your recreation center. Game information will also be available online at www.teamsideline.com/minneapolis.parks.

How will I know if a practice or game is cancelled?
Practice cancellation information will be provided by your recreation center.

Sports Leagues by Season
Note that practices may start 14-30 days prior to the month indicated, depending upon the site.

Fall Sports
Football (August-November)
• 11U Flag: birthdates 9/1/09-9/1/11
• 13U Flag: birthdates 9/1/07-9/1/09
• 15U Flag: birthdates 9/1/05-9/1/07
• 18U Flag: birthdates 9/1/02-9/1/05
• 10U Tackle: birthdates 11/16/09-11/15/11
• 11U Tackle: birthdates 11/16/08-11/15/09
• 12U Tackle: birthdates 11/16/07-11/15/08
• 14U Tackle: birthdates 6/1/06-11/15/07

Soccer (mid August-October)
• 11U: birthdates 9/1/09-9/1/11
• 13U: birthdates 9/1/07-9/1/09
• 15U: birthdates 9/1/05-9/1/07
• 18U: birthdates 9/1/02-9/1/05

Volleyball (October-December)
• 11U: birthdates 9/1/09-9/1/11
• 13U: birthdates 9/1/07-9/1/09
• 15U: birthdates 9/1/05-9/1/07
• 18U: birthdates 9/1/02-9/1/05

Winter Sports
Basketball (January-early March)
Hockey (January-February)
Wrestling (January-March)

Summer Sports
RBI baseball (mid May-July)
RBI softball (mid May-July)
Track (mid May-mid July)
Tennis (July)
## Youth

<table>
<thead>
<tr>
<th>Recreation Centers</th>
<th>Fall Sports</th>
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<tbody>
<tr>
<td></td>
<td>Flag</td>
<td>Football Tackle</td>
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<tr>
<td>Creekview</td>
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<tr>
<td>5001 Humboldt Ave. N, Minneapolis 55430</td>
<td>612-370-4965</td>
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<tr>
<td><em>Farview</em></td>
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<td>621 29th Ave. N, Minneapolis 55411</td>
<td>612-370-4922</td>
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<td>Folwell</td>
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<td>1615 Dowling Ave. N, Minneapolis 55412</td>
<td>612-370-4917</td>
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<td>Harrison</td>
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<td>503 Irving Ave. N, Minneapolis 55405</td>
<td>612-370-4951</td>
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<tr>
<td>North Commons</td>
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<td>1801 James Ave. N, Minneapolis 55411</td>
<td>612-370-4921</td>
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<tr>
<td>Webber</td>
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<tr>
<td>4400 Dupont Ave. N, Minneapolis 55412</td>
<td>612-370-4916</td>
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</tbody>
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*The Recreation Center collaborates with an activity council to offer sports leagues.*

If a team does not have enough players, we may combine teams.

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**Get in the Game**

We are looking to hire dependable, enthusiastic and knowledgeable men and women to officiate youth and adult sports for Park Board athletic leagues. Officials have the opportunity to be involved in a variety of sports at various recreation centers in Minneapolis. Previous sports officiating experience preferred but not necessary.

**Job Qualifications:**
- At least 16 years old
- Submit and pass a Criminal Background Check
- Complete Concussion Awareness Training
- The ability to interact well with adults and children
- The ability to understand and apply rules

**To apply or for more information**
- Applications available at [www.minneapolisparks.org/jobs](http://www.minneapolisparks.org/jobs)
- Email officials@minneapolisparks.org
**RevSports: Tumbling MiniStars**

This class will have a limited class size to respect appropriate social distancing. Please reference RevSports.org for more information. This active and fun five-week class teaches basic gymnastics moves. Individuals develop agility, balance and coordination skills while running, jumping, tumbling and more. Activities vary each day. This class is parent involved.

Ages 5-8 Res $30 / Non-Res $45

**Creekview Rec Center**

#111761 M 10/26 - 11/23 7pm - 7:45pm

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**Hobbies, Clubs Games**

**Gingerbread House Making**

Decorate your own gingerbread house which we pre-make for you with our homemade frosting and a variety of candy. Bring your creativity, sweet tooth and holiday cheer for this annual family tradition. Pre-registration is required!

Ages 5-13 Supply Fee $5

**Folwell Rec Center**

#109079 Sa 12/12 12:30pm - 2pm

**Harrison Rec Center**

#109933 W 12/23 5pm - 6:30pm

**Loring Rec Center**

#109910 M 12/21 3:30pm - 5pm

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**Popcorn Nite**

Take a break, kick your feet up and catch a flick with fellow movie fans.

Ages 6-10 Free

**Harrison Rec Center**

#109940 W 9/18 - 11/6 6pm - 8:30pm

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**Halloween Party**

All the ghosts and goblins, young and old will join us for this festive, safe, and fun Halloween Party! We will have craft games, candy and lots of fun. This program is geared towards children but all are welcome. Hope to see you there!

Ages 11 and Under Free

**Harrison Rec Center**

#109934 Th 10/29 5:30pm - 7:30pm

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**Active Games**

Burn off energy, socialize and develop motor skills.

Ages 6-11 Free

**Loring Rec Center**

#109901 Tu 12/29 1pm - 3pm

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**Halloween Trick or Treat**

Make North Commons one of your trick or treat stops for the evening. Stop in grab some treats and warm up with some hot chocolate on All Hallow's Eve!

Ages 6-11 Free

**North Commons Rec Center**

#109743 Th 10/29 6pm - 8pm

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**Children's Open Gym**

Lace up your shoes for pick-up basketball games arranged by the players. Work to improve your jump shot, meet new friends, get into shape or take a break from the TV or video games. Whatever the reason, Open Basketball is the perfect break to your day!

Ages 6-12 Free

**North Commons Rec Center**

#109738 M W F Sa 9/9 – 1/4 3pm - 5:30pm

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**Mentoring & Development**

**Boys Group**

Designed to empower and build positive self-esteem and character growth. Kick back and connect with the guys. Topics will include peer pressure, social issues that affect youth, music and media, along with team building and leadership skills.

Ages 11-13 Free

**Creekview Rec Center**

#111230 M 9/14 - 12/14 6pm - 7pm

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**Girls Group**

Experience new activities and interests and learn about teamwork and ethics. Develop friendships, have an opportunity to add your ideas to this program and socialize together in a safe environment. Each week different activities such as cooking, arts and crafts, jewelry making, etc.

Ages 11-13 Free

**Creekview Rec Center**

#111219 Th 9/10 - 12/17 7pm - 8:30pm

**Folwell Rec Center**

#111728 W 9/9 - 11/25 6pm - 7pm

**Harrison Rec Center**

#109929 Th 8/6 - 12/3 6pm - 7pm
Language & Culture

New Year's around the world
Learn new year's traditions from around the world.
Ages 11 and Under Free
Loring Rec Center
#109918  W  12/30  3pm - 5pm

Nature & Environment

Homeschool Day: Winged Wonders
What makes a bird a bird? Find out by studying wings, beaks, feet and nests to discover the wide variety of bird types. Then take a guided hike to see how many different feathered friends we can find.
Ages 5-13 Registration Fee $5
Kroening Interpretive Center
#109806  Th  9/17  1pm - 3pm

Homeschool Day: Soil Significance
Soils are an intricate and involved part of this world. Learn different soil types and characteristics through hands-on investigation.
Ages 5-13 Registration Fee $5
Kroening Interpretive Center
#109807  Th  10/8  1pm - 3pm

Homeschool Day: River Mammals
Some mammals spend the majority of their time in water. Take a closer look at the features of these creatures to find out how they've mastered the Mississippi.
Ages 5-13 Registration Fee $5
Kroening Interpretive Center
#109805  Th  11/12  1pm - 3pm

Homeschool Day: Senses in the Season
Tap into your five senses as you explore the park this season! Learn how animals experience their senses, meet a live animal and go in a hike to discover what makes this season special in the park.
Ages 5-13 Registration Fee $5
Kroening Interpretive Center
#109804  Th  12/10  1pm - 3pm

Release Days: Creepy, Crawly, Creatures
If you like the creepy, the crawly and the slimy, then join us for some gross, spooky fun. We'll explore outdoors, play games and make art. Nature is full of freaky things that will make your skin crawl, if you dare to find them!
Ages 6-12 Registration Fee $90
Kroening Interpretive Center
#109844  W Th F  10/14 - 10/16  8am - 4pm

Release Day: Animal Detectives
Follow tracks, scat and other wild signs. Use tools such as binoculars and magnifying glasses to learn how to become the ultimate nature sleuth! Test your skills off trail and solve creature sign investigations while taking a closer look at wildlife in the park.
Ages 6-12 Registration Fee $25
Kroening Interpretive Center
#109845  F  11/6  8am - 4pm

Release Days: Wild Winter Survival
Develop your wilderness skills by learning to trek through snow on snowshoes, craft survival shelters, track animal signs and more. We'll explore outdoors, play games and make art. Do you have what it takes to survive in the wild winter world?
Ages 6-12 Registration Fee $90
Kroening Interpretive Center
#109846  M Tu W  12/21 - 12/23  8am – 4pm

Winter Break Camp: Frosty Fur Ball
The end of the year is almost here! When the ground gets covered in snow, where do the animals go? Minnesota creatures big and small are getting ready for the Frosty Fur Ball! Play games, make icy cool art, meet live animals and explore the park to discover the ways animals are getting ready for winter. The last day of the year is the Frosty Fur Ball celebration, full of treats, music, and fun!
Ages 5-12 Registration Fee $120
Kroening Interpretive Center
#109836  M Tu W Th  12/28 - 12/31  8am - 4pm
Computers & Tech
Youthline Its Getting Real Technical
Do you inspire to work in the tech world? Do you think you will come up with the next big device or just want to learn something new? Well, this is the place to be, come join us in this safe space place and get technical with me and your fellow peers!
Ages 11-17 Free
Harrison Rec Center
#111585 Th 10/1 - 12/17 5pm - 8pm

Cooking & Nutrition
Youthline Chef It Up with Trey
We all love to eat a great meal, so come join me and the Harrison team for a delicious experience. You will learn how to cook your own delicious meals and display it before your fellow peers.
Ages 11-17 Free
Harrison Rec Center
#111365 W 9/16 - 12/30 4pm - 7pm

Youthline: Bake and Shake Cooking Class
Youth who would like to show off their cooking skills, youth will be reading cooking instructions, learning different measurements rules. Youth will not only learn measurement, but they will have fun and meet other youth during the group sessions.
Ages 12-15 Free
North Commons Rec Center
#109758 M 9/28 - 11/16 3pm - 4:30pm

MPS Food Service Program
The Food Service Program provides children nutritious meals during fall months. Times and types of meals served vary by site and are available on a first-come-first-serve basis.
Ages 18 and Under Free
Dinner
Creekview Rec Center
#111221 M Tu W Th F 9/8 - 12/18 5pm - 8pm
Farview Rec Center
#111421 M Tu W Th F 9/7 - 12/31 5pm - 6pm
Folwell Rec Center
#111873 M Tu W Th F 9/7 - 12/31 5pm - 6pm
Harrison Rec Center
#109937 M Tu W Th F 9/7 - 12/31 3pm - 5pm
Snack
Creekview Rec Center
#111220 M Tu W Th F 9/8 - 12/18 3pm - 8pm
Farview Rec Center
#111421 M Tu W Th F 9/7 - 12/31 3pm - 5pm
North Commons Rec Center
#109745 M Tu W Th F 9/14 - 11/27 3pm - 8pm
Webber Rec Center
#111201 M Tu W Th F 9/14 - 11/27 3pm - 4pm

Arts
Youthline: Let’s Get Artsy, Lets Get Crafty!
Can you draw? Can you make a sculpture out of nothing? Come be creative even if you’re not art savvy, enjoy getting creative. Everyone is welcome, Art savvy or not.
Ages 11-17 Free
Harrison Rec Center
#111372 M 9/7 - 12/28 4pm - 7pm

Youthline: Creating Art and Doing Craft Projects
North Commons Park is inviting all youth to come down and participate in our Youth Arts and Craft program where youth will be creating projects during our daily sessions.
Ages 12-15 Free
North Commons Rec Center
#109771 Tu 9/29 - 11/17 4pm - 6pm

Health & Fitness
Youthline: Health & Fitness for Teens
After being quarantined Youthline is hosting a program for youth ages 12-17 years old. We will be focusing on what kind of food we should be eating to help burn calories and support a healthier lifestyle. In this group we will be implementing workout routines as well
Ages 13-17 Free
North Commons Rec Center
#109759 Th 9/17 - 11/5 3:30pm - 5:30pm
Open Basketball
Hoop it up! Improve you jump shot, meet new friends, get into shape or take a break from the TV or video games.
Ages 13-17 Free
Creekview Rec Center
#111222  Th  9/10 - 11/19  6:15pm - 8:15pm
Farview Rec Center
#111417  M Tu W Th  F  9/8 - 11/25  3pm - 5:30pm
Folwell Rec Center
#109088  Tu Th  9/8 - 11/24  6pm - 8pm
North Commons Rec Center
#110999  Tu Th  9/8 - 11/24  4pm - 6pm

Creekview Dance Team - Royal Dolls
This program will focus on hip hop Drill Team skills that will encourage the participants to express themselves through the art of dance.
Ages 8-17 Res $25 / Non-Res $37.50
Creekview Rec Center
#111216  Tu Th Sa  9/19 - 10/29  6pm - 8pm, 1pm-3pm
#111217  Tu Th Sa  11/7 - 12/17  6pm - 8pm, 1pm-3pm

Hobbies, Club & Games
Youthline Photography
For youth ages 12-17 who are interested in photography as a profession or as a hobby. We will learn new techniques and have new challenges each week.
Ages 12-17 Free
Farview Rec Center
#111262  Th  9/17 - 12/17  5pm - 8pm

Nite Owlz
Teens take over the recreation center to hang out with friends, listen to music, play basketball, learn to cook, play video games and more.
Ages 12-18 Free
Farview Rec Center
#111415  F Sa  9/11 - 12/19  7pm - 10pm
Folwell Rec Center
#109086  F Sa  9/11 - 12/19  7:30pm - 10:30pm
North Commons Rec Center
#109746  F Sa  9/11 - 12/19  8pm - 11pm

Teen Room
Come hang out in our new teen room and play a games like uno or NBA 2K, check out a movie or just take a break. This is an Active Pass Program. Youth need to get an Active Pass from staff at the desk, parent permission is required.
Ages 12-18 Free
Farview Rec Center
#111261  M W  9/7 - 12/28  5pm - 9pm
Folwell Rec Center
#111727  M W F  9/14 - 12/9  3pm - 8pm
North Commons Rec Center
#109750  Tu W Th  9/8 - 11/26  4pm - 7pm

Youthline: Chess Club
Introducing youth to the game of chess. Learn the beginning and competitive aspects of chess.
Ages 11-17 Free
Harrison Rec Center
#96205  Tu  9/15 - 12/22  5pm - 7pm

Youthline: Daily Board Games Fun
Attention Youth, come down to North Commons Park and hangout, have a light snack and play some friendly board games with friends and to also meet new friends.
Ages 12-15 Free
North Commons Rec Center
#109766  W  9/23 - 12/23  5pm - 6:30pm

Open Piano time
Come down to Webber Park and play the piano for fun!
Ages 17 and Under Free
Webber Rec Center
#111204  M Tu W Th F  9/7 - 12/21  3pm - 5pm

Play Station 4 Challenge
Think you’re good at sports-themed video games? Stop by the park and challenge your friends on our PS4 system!
Ages 14-16 Free
Harrison Rec Center
#109939  M W  9/14 - 12/23  6pm - 8pm

Mentoring & Development
Youthline TMNT (Teenagers Meet New Teenagers)
This is a time and place where teens from all over Mpls can come and have a safe place to just hangout and not worry about non-teenagers things.
Ages 11-17 Free
Harrison Rec Center
#111369  F  9/4 - 12/18  5:30pm - 9pm
Boys Group
Designed to empower and build positive self-esteem and character growth. Kick back and connect with the guys. Topics will include peer pressure, social issues that affect youth, music and media.
Ages 12-16 Free
Creekview Rec Center #111230 M 9/14 - 12/14 6pm - 7pm
Harrison Rec Center #109929 Th 9/10 - 12/3 6pm - 7pm

Girls Group
Experience new activities and interests and learn about teamwork and ethics. Develop friendships, have an opportunity to add your ideas to this program and socialize together in a safe environment.
Ages 12-17 Free
Farview Rec Center #111260 W 9/9 - 12/30 6pm - 8pm

Nature & Environment
Noticing Nature Hike
Get outside for a peaceful walk through the park to observe and track the seasonal happenings of plants and animals with a naturalist guide.
Ages 12+ Free
Kroening Interpretive Center #109801 Tu 9/29 5pm - 6pm
#109802 Tu 10/27 5pm - 6pm
#109803 Tu 11/24 5pm - 6pm

Health & Fitness
Kempo Martial Arts
Seven Dragons Kempo is committed to the promotion of the Martial Arts and the benefit of mankind through the teaching of humility and self-restraint. Classes are open to all experience levels. Learn Kempo martial arts technics, practical self-defense, physical conditioning and character development.
Ages 18+ Res $10 / Non-Res $15
Folwell Rec Center #109084 M 9/14 - 12/28/2020 6:45pm - 8pm

Soul Line Dancing
Come explore this fun and exciting new dance class. Learn new line dances and enjoy all the healthy benefits of dancing.
Ages 18+ Free
Folwell Rec Center #109092 Th 9/10 - 12/31 6pm - 7pm

Zumba
Zumba is an aerobic program that fuses Latin rhythms and easy-to-follow moves to create a dynamic fitness program. It's a great workout while helping to build muscle tone and cardiovascular endurance. Come dance your heart out!
All Ages Free
Folwell Rec Center #109100 Tu 9/15 - 12/29 6:30pm - 7:30pm

Yoga
Let's Yoga! You can expect a steady flow of yoga poses that will be connected to your breath. Sequences are accessible to all levels of fitness. The class is meant to be challenging but at the same time fun!
Ages 18+ Free
Loring Rec Center #109926 Th 9/3 - 12/17 6pm - 7pm
North Commons Rec Center #110997 Tu 9/15 - 12/5 5:30pm – 6:30pm
Sa 12:00 – 1:30

Aerobics
Party yourself into shape! A cutting-edge, high-energy fitness system with a fusion of boot camp and variety of music is fun and easy to do.
Ages 18+ Free
North Commons Rec Center #109736 M WF 9/14 - 12/26/2020 6pm - 7pm
Sa 9:30-10:30am
Sports

Adult Open Pickleball
Join us for a sport that is gaining popularity all around the world. A combination of badminton and tennis, pickleball is easy to learn and fun to play for all skill levels. Pre-registration is requested.
Ages 16+ Registration Fee Free
Creekview Rec Center
#111224 W 9/9 - 11/18 6:30pm - 8:30pm

Bohanon Pickleball League
Our Adult Pickleball is a fun, semi-competitive league for teams of two players. The scale for Pickleball is based on a 1-5, with 1 having minimal knowledge and skill level, and a 5 having high skill level and knowledge of game play.
Ages 18+ Res $25 / Non-Res $37.50
Creekview Rec Center
#111225 Tu 9/1 - 10/6 6pm - 7pm

Bohanon Pickleball League: Beginners
This league is a great opportunity for someone interested in learning to play Pickleball. Please register only one person per team. Singles looking for a partner can email creekview@minneapolisparks.org to be paired up.
Ages 18+ Res $25 / Non-Res $37.50
Creekview Rec Center
#111226 Th 9/3 - 10/8 6pm - 7pm

Hobbies, Clubs Games

500 Card Club
Bauers, No Trump, Nula and Slam are some of the terms you'll hear while playing 500. Meet your friends and master this always exciting game! No partners needed to attend; pairings formed as individuals arrive.
Ages 55+ Free
Folwell Rec Center
#109072 F 9/11 - 12/18/2020 10am - 1:30pm

Cribbage
Enjoy a night out with good games of cribbage and great company. A chance to see some old friends and make some new ones. Refreshments and prizes provided each week.
Ages 55+ Free
Folwell Rec Center
#110836 Th 9/10 - 12/17 6pm - 8:30pm

Morning Meditation
Morning Meditation in the Garden of the Seasons will begin our seventh season this year. Our informal gathering is now a formal program as a partnership between The Friends of Loring Park and Minneapolis Park and Recreation.
All Ages Free
Loring Rec Center
#109917 F 9/11 - 10/30 7am - 7:30am

Community Sing Along
Come join your friends and neighbors for this wonderful monthly event. You're guaranteed to have a delightful evening. Songs are chosen ahead of time with music and refreshments provided. This has become a very popular program at the park - come and see why! Led by Dan Chouinard on the piano and Bob White on the violin.
Ages 18+ Free
Loring Rec Center
#109903 Tu 9/15 - 12/15 7pm - 8:30pm

Senior Bingo
B-I-N-G-O! Come to Webber Park for an afternoon of fellowship and fun at our senior bingo. Come, play, and win fun prizes!
Ages 55+ Res $5 / Non-Res $7.50
Webber Rec Center
#111203 Sa 9/19 1pm - 3pm

Picnic Operetta
Join us for Mixed Precipitation Theatre's presentation of "Mozart's The Clemency of Tito's Tennis Club: A Picnic Operetta." Mount Vesuvius is rumbling. Coach Tito is resurrecting a floundering tennis club. He's recruiting the shunned cheaters and offenders and bad sports - each seeking redemption and a chance to play in Rome's biggest match. But a murderous revenge plot threatens their future.
All Ages Free
Loring Rec Center
#109919 Su 10/11 3pm - 6pm

Seniors on the Go
Join our Seniors for fun filled days at the park. Programs include arts and crafts, healthy living opportunities, cooking demonstrations and more.
All Ages Free
North Commons Rec Center
#109748 M W
Sa 10/10 - 12/26/2020 11am - 3pm
**Chess Tournament**  
Join us for a chess tournament!  
All Ages Free  
Loring Rec Center  
#109902  
Tu 10/13 5:30pm - 7:30pm

**Nature & Environment**  
**Bird Watching: Mississippi River Flyway**  
Join us for an afternoon of bird watching! Find out more about how and why birds use the Mississippi River to guide them during their roundtrip migration as we hike along the river while keeping our eyes and ears open for our feathered friends.  
Ages 8+ Free  
Kroening Interpretive Center  
#109778  
Sa 11/7 2pm - 3:30pm

**Bird Watching: Watchful Wednesdays**  
Get up with the morning birds to discover what to look for when identifying birds in the field. Learn about bird diets, calls and other behaviors as well as distinguishing characteristics of bird types.  
Ages 18+ Registration Fee $2  
Kroening Interpretive Center  
#109779  
W 9/9 8:30am - 10am  
#109780  
W 9/23 8:30am - 10am  
#109781  
W 10/7 8:30am - 10am  
#109782  
W 10/21 8:30am - 10am  
#109783  
W 11/4 8:30am - 10am  
#109784  
W 11/18 8:30am - 10am  
#109785  
W 12/2 8:30am - 10am  
#109786  
W 12/16 8:30am - 10am

**Bonfire Bunch**  
Spend an evening at your neighborhood nature center! Enjoy a bonfire, nature inspired arts & crafts, guided nature walks, snacks and visiting with friends. This program is specifically designed for adults with disabilities.  
All Ages Free  
Kroening Interpretive Center  
#109788  
Tu 9/15 6pm - 7:30pm  
#109789  
Tu 10/20 6pm - 7:30pm  
#109790  
Tu 11/17 6pm - 7:30pm

**Fall Tree Identification**  
During this season of change, the world is awash with colors from the trees, but is a leaf enough to identify a tree? Walk the park with a naturalist to observe and learn about this impressive color change while taking a closer look at tree leaves and using a dichotomous key to identify different species you find.  
Ages 18+ Free  
Kroening Interpretive Center  
#109840  
F 10/23 10am - 11:30am

**Hike: Fall Prairie Tour**  
Find out how the deep rooted plants and underground animals in our restored prairie prepare for winter during a naturalist-led hike. Discover the adaptations that prairie species and the animals that call it home have developed in order to be successful in a grassland ecosystem.  
Ages 8+ Free  
Kroening Interpretive Center  
#109799  
Sa 9/19 3:30pm - 4:30pm

**Hike: Noticing Nature**  
Get outside for a peaceful walk through the park to observe and track the seasonal happenings of plants and animals with a naturalist guide. Reset your mind and body from overstimulation and become grounded in nature while appreciating its ever-changing elements. Come with friends or meet new ones - socialize, exercise and contribute to the study of Phenology.  
Ages 12+ Free  
Kroening Interpretive Center  
#109801  
Tu 9/29 5pm - 6pm  
#109802  
Tu 10/27 5pm - 6pm  
#109803  
Tu 11/24 5pm - 6pm

**Nature Art: Animal Tracks**  
Learn the basics of identifying local animal footprints by studying shapes, patterns, and movement. Discover how an animal’s foot can tell you about its life and behaviors. Use rubber animal prints to practice making tracks yourself. Pick out a track you like to make a plaster cast with, then paint and bring home.  
Ages 18+ Free  
Kroening Interpretive Center  
#109841  
Tu 11/10 10:30am - 12pm
Outdoors: Marvelous Monarchs
Join us in discovering the wonders of Monarch butterflies! Learn about their journey from egg to migration and how you can help support them along the way. Then, hike the prairie with a naturalist in search of monarchs to tag and release so their migration can be tracked.
Ages 8+ Free
Kroening Interpretive Center
#109793  Su  9/13  2pm - 3:30pm

Outdoors: Insects Above & Below
Crawl into the world of our six-legged friends. Find out what types of insects live in different habitats and the adaptations they have for living there. Try your hand at entomology and discover how to categorize one of the most numerous creature groups on Earth during a hike in the park with a naturalist.
Ages 8+ Free
Kroening Interpretive Center
#109834  Sa  10/17  11am - 12:30pm

Outdoors: Tracks and Scat
Learn how to spot the signs of local animal activity by examining the clues they leave behind. Create your own tracks and try passing our identification challenges. Then test your skills by searching for animal signs in the park.
Ages 8+ Free
Kroening Interpretive Center
#109835  Sa  11/14  2pm - 3:30pm

Snowshoeing: Full Moon Hike
Join a naturalist on a snowshoe hike under the full moon along the Mississippi River, through the woods and across the prairie. Enjoy the stillness of a winter evening and practice spotting wildlife with only the light of the moon. Then warm up next to a winter campfire.
Ages 8+ Registration Fee $3
Kroening Interpretive Center
#109839  Tu  12/29  7pm - 8:30pm

Trail Trekkers
Spend the morning walkin' or a rollin' on park paths with a naturalist guide in search of nature's treasures during this program for adults with developmental disabilities. Come enjoy the exploration-who knows what we may find!
Ages 18+ Free
Kroening Interpretive Center
#109851  Sa  9/5  10am - 11am
#109852  Sa  10/3  10am - 11am
#109853  Sa  11/7  10am - 11am

Family Activities

Family Night
Looking for a time during the week to get some exercise as a family? Our gym and sports equipment will be open for all to use. Children must be accompanied and supervised by an adult.
All Ages Free
Folwell Rec Center
#109076  M  9/28 - 12/28  6pm - 8:30pm

Pumpkin Carving
Join us for pumpkin carving at Loring Park! Pumpkins, tools and treats provided.
All Ages Supply Fee $5
Loring Rec Center
#109921  Th  11/19  6pm - 8pm
Winter Arts & Crafts
Express your artistic side!
All Ages Free
Loring Rec Center
#109912 Tu 12/22 1pm - 3pm

Creekview Back to School: Ice Cream Social
Let's kick off the new school year! Join us for our annual Ice Cream Social at Creekview Park. We will have music, activities, and of course ice cream! 3rd Lair Skate Park Instructors will be on site with proper equipment for kids to try skateboarding. This is the perfect free fun event for the whole family!
All Ages Free
Creekview Rec Center
#111229 Th 9/10 6:30pm - 8pm

Fall Bonfire
Please join us to celebrate the autumn season with a toasty fire, s'mores, cider and music!
All Ages Free
Loring Rec Center
#109908 Th 10/1 6:30pm - 8pm

Halloween Party
All the ghosts and goblins, young and old will join us for this festive, safe, and fun Halloween Party! We will have craft games, candy and lots of fun. This program is geared towards children but all are welcome. Hope to see you there!
Ages 11 and Under Free
Harrison Rec Center
#109934 Th 10/29 5:30pm - 7:30pm

Halloween Trick or Treat
Make the park one of your trick or treat stops for the evening. Stop in grab some treats and warm up with some games
Ages 6-11 Free
North Commons Rec Center
#109743 Th 10/29 6pm - 8pm
Farview Rec Center
#111419 Sa 10/31 6pm - 8pm

Teeny Tiny Halloween Party
A special trick-or-treat event designed for young children and their parents. Event is FREE to attend and is designed for children under 6-years-old. Wear your costume and bring your parents for a morning of silly spooky fun. Tricks and treats, games, music and more will be an eerie kickoff for your Halloween fun!
Ages 3-5 Free
Creekview Rec Center
#111227 F 10/30 11am - 12:30pm

Trunk or Treat Halloween Party
Trunk or Treat is a new alternative to the traditional idea of going house to house trick or treating. Costumed Kiddos will go from car trunk to trunk. Each trunk will be decorated and some will even have games to play in-between.
All Ages Free
Folwell Rec Center
#109094 Sa 10/31 6pm - 8:30pm
Webber Rec Center
#111200 Sa 10/31 6pm - 8pm

Halloween Bonfire
Stop by Loring Park Halloween night for some ghoulish fun! Join us for an outdoor fire with hot cocoa and s'mores. It might be scary, it might be full of fright but you'll never know if you're a no-show Halloween Night!
All Ages Free
Loring Rec Center
#109911 Sa 10/31 6pm - 8pm

Candy Cane Hunt
Celebrate the arrival of the winter with our first annual Candy Cane Hunt at Creekview Park. Bring the whole family down for this fun event! Arrive early and enjoy some snacks, caricature artist, arts and crafts, fire pits, s'mores and horse & wagon ride.
Ages 0-11 Free
Creekview Rec Center
#111228 Sa 12/12 11am - 1pm

Santa Visits North Commons
We sure hope that you made Santa's nice list because Twin Cities Black Santa and Mrs. Claus are stopping by North Commons. Bring your camera for pictures and stay for a light snack.
All Ages Free
North Commons Rec Center
#109747 Sa 12/19 10am - 12pm
Ice fishing
Try your luck catching the big one in the Loring Pond. Fishing poles and bait provided.
All Ages Free
Loring Rec Center
#109914 F 1/8/2021 2pm - 4pm

Bird Watching: Beginner Basics
Curious about birding, but never knew how to start? Come learn the basics of watching birds. Find out how to use binoculars.
All Ages Free
Kroening Interpretive Center
#109776 Sa 10/3 8:30am - 10am

Bird Watching: Winter Birds
Join us for a morning of bird watching! Discover the winter bird cast of characters as we hike through prairie.
All Ages Free
Kroening Interpretive Center
#109787 Sa 12/5 8:30am - 10am

Family Funday: Hip Herp Hooray
It’s the beginning of fall reptile and amphibian migration! Learn about how reptiles and amphibians adapt.
All Ages Free
Kroening Interpretive Center
#109849 Su 9/27 12:30pm - 3pm

Family Funday: Autumn Arts and Animals
Let the fall season and autumn animal activities inspire your creativity! Meet our live education animals up-close.
All Ages Free
Kroening Interpretive Center
#109808 Su 10/18 1pm - 3pm

Family Funday: Turkey Time
Play games and have fun investigating feathers, tail fans, snoods and feet to learn more about these big birds.
All Ages Free
Kroening Interpretive Center
#109795 Su 11/29 1pm - 3pm

Family Funday: Sleep, Flee, Freeze
Learn about hibernation, migration other ways animals survive our Minnesota winters.
All Ages Free
Kroening Interpretive Center
#109794 Su 12/27 1pm - 3pm

Hike: Trees & Leaves
Change is in the air as the vibrant greens of summer give way to the warm yellows, oranges, reds and browns of fall.
Ages 6+ Free
Kroening Interpretive Center
#109800 Sa 10/10 2:30pm - 4pm

Nature Art: Seed Mosaics
It’s the season for seeds! Plants produce seeds in all sorts of colors, shapes and textures.
All Ages Free
Kroening Interpretive Center
#109813 Sa 9/26 11am - 12pm

Nature Art: Gourd Time
Pumpkins aren’t the only game in town this time of year. Discover the world of gourd-geous gourds through art!
All Ages Free
Kroening Interpretive Center
#109812 Sa 10/24 11:30am - 1pm

Nature Art: Cornucopias
As a symbol of the harvest’s bounty, cornucopias are a great reminder to show thanks for the bounties in our own lives.
All Ages Free
Kroening Interpretive Center
#109809 Sa 11/21 1:30pm - 3pm

Nature Art: Ginger-bird Houses
Invite birds into your backyard this winter by crafting an edible snack house for them.
All Ages Registration Fee $5
Kroening Interpretive Center
#109811 Sa 12/12 11am - 12:30pm
#109810 Sa 12/12 1pm - 2:30pm
Youthline Outreach Mentorship
Our leaders of tomorrow begin with our youth of today!

Youthline is a unique program celebrating diverse talents, building life skills, and engaging the interests of youth ages 12 to 17. Activities are held in structured environments where youth feel safe and focus on life skills, sports, arts, trips and service learning.

The Youthline Outreach Mentorship program is offered at the following locations. Stop by a Youthline program or contact staff to see what’s in it for you!

<table>
<thead>
<tr>
<th>Location</th>
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<tbody>
<tr>
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<td>612-370-4926</td>
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<td>Whittier</td>
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Drop into Recreation Centers
Meet new friends, partake in friendly competition or just hangout!

In addition to a wide array of programs and events offered annually, each recreation center has amenities available for you to socialize and have fun when it’s convenient for you. From ping-pong to foosball, games in the gym or board games you can find a variety of options to suit your style. Offered daily, year-round. Hours are subject to change based on programs and events and advanced notice is given when possible. Call a recreation center for more information and see what’s happening in your neighborhood.

<table>
<thead>
<tr>
<th>Location</th>
<th>Board Games</th>
<th>Computer Lab</th>
<th>Foosball</th>
<th>Active Games</th>
<th>Ping Pong</th>
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Adult Sports

*Sports are not just for kids in Minneapolis!*

Gather your friends, form a team and stay active in one of the many sports leagues and instructional programs offered for adult athletes. Whether it’s a casual game of dodgeball, a highly competitive game of volleyball or a broomball league, there’s always an opportunity to keep fit and have fun in the parks!

Registration can be done online or in person at Park Board Headquarters (2117 West River Road). For more information or to register contact us at 612-230-6400 or visit [www.teamsideline.com/minneapolisparks](http://www.teamsideline.com/minneapolisparks)

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The Trailhead at Theodore Wirth Park

The Loppet Foundation offers a gateway to outdoor learning and adventure with a variety of programs for youth, adults, and families of all skill levels at The Trailhead at Theodore Wirth Park. Take a course to learn:

- mountain biking
- Nordic skiing
- trail running
- fat biking

Check out one of the many Loppet programs offered, or just come enjoy the view and a great meal from Cajun Twist - now open for business!

Your adventure starts at The Trailhead at Theodore Wirth Park:

1221 Theodore Wirth Parkway – Minneapolis, 55422
(612) 355-7757
[www.Loppet.org](http://www.Loppet.org)

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### Spring-Summer Registration: February 18, 2020
- Dodgeball
- Kickball
- Sand Volleyball (summer & spring)
- Soccer – Indoor
- Softball

### Summer Registration: March 17, 2020
- Soccer – Outdoor

### Fall Registration: June 16, 2020
- Football
- Kickball
- Soccer
- Softball
- Volleyball

### Winter Registration: October 20, 2020
- Basketball (winter & spring)
- Broomball
- Dodgball
- Pond Hockey
- Volleyball
Minneapolis Monarch Festival
Festival de la Monarca

- More details: www.monarchfestival.org
- Celebrate the monarch butterflies’ annual migration to Mexico
- Monarchs, education, and monarch tag & release
- Music, dancing, games, art, prairie tours and food

Phillips Fitness Center
Commit to get fit!

- $10 monthly membership fee includes unlimited access to equipment, classes and certified personal training
- Fitness Center hours: Monday-Friday, 10 am-8 pm; Saturday, 10 am-2 pm
- Group fitness classes include self-defense, step class, cardio kickboxing, yoga and Zumba
- The fitness center is air conditioned
- For more information call 612-370-4946

Ice Arenas Skating and Hockey

Open Skating is available for all ages to sharpen your skills or get out on the ice for some exercise.

Open Hockey for skaters interested in keeping their game sharp throughout the year. Skaters are required to provide their own equipment. Sessions limited to 20 skaters and 4 goalies.

Stick & Puck is an opportunity for players to practice their skills during unstructured ice time. Practice the skills you’ve been learning. Not only will you refine your skills, but you will have fun. You will be able to practice and improve your shot, stick handling, passing accuracy, and goal tending skills

Pros Ice Figure Skating is a unique program that allows figure skaters to practice on their own or with a skating professional. Sessions held daily Monday–Saturday at Parade Ice Garden.

Parade Ice Garden • 600 Kenwood Parkway • 612-370-4904
Northeast Ice Arena • 1306 Central Avenue North • 612-370-4942
Get Your Paws Moving!
Let your furry pal run off-leash, play and meet new friends

- Seven off-leash dog parks are open year-round at Franklin Terrace, Lake of the Isles, Loring Park, Lyndale Farmstead, Minnehaha, St. Anthony Parkway, and Victory Prairie
- Annual or daily permits are required at all off-leash dog parks and available online
- www.minneapolisparks.org/dogparks

Racks and Buoys
Store your sailboat, canoe or kayak at your favorite Minneapolis lake

- Annual permits for residents and non-residents sellout quickly, so apply for yours early.
- Canoe and kayak racks are issued on a priority basis, with last year’s permit holders from Minneapolis given priority to renew permits.
- For more information on watercraft permits, visit us online or call 612-230-6400.

Go Green, Go Paperless
All the information you need is available at www.minneapolisparks.org

- Register for park programs, event and activities at www.minneapolisparks.org/register.
- Learn about current design and construction projects at www.minneapolisparks.org/current projects. Discover what new trails, pools, playgrounds and other projects are coming to a park near you!
- Sign up to receive timely emails about events, classes, environmental programs, parkway closures and much more! Easy to do - go on line, click on the red envelope and subscribe.
- Get a permit at www.minneapolisparks.org/permits for parking, weddings, picnics, dog parks, photography and more.
- Contact us at www.minneapolisparks.org/contact for phone, program and staff directories.
- View and download maps, program guides and much more.

Disc Golf
Fastest growing sport in history for years

- Traverse a course from beginning to end with precision and accuracy
- Try your hand at one of our three courses:
  - Wabun Disc Golf Course: 9 holes, free, in Minnehaha Park
  - Fort Snelling and Wirth Par 3 Disc Golf Courses: 18 holes, affordable rates, open daily sunrise to sunset
Minneapolis Bike Tour

*Hop on your bike and take a tour of Minneapolis!*

Enjoy the scenic Grand Rounds Byway System at your own pace, with no motorized traffic! All ages and abilities are welcome. Enjoy rest stops with great snacks, friendly mechanical support and a party at the finish line with live music!

Learn more at www.minneapolisbiketour.com

Halloween Fun!

Many parks offer a variety of Halloween events, such as haunted houses, costume parties and safe trick-or-treat events. For details on Halloween parties at your neighborhood park this fall visit: www.minneapolisparks.org/events