Inclusion Services

Recreation for everyone! Minneapolis Park and Recreation Board is committed to making all of its programs accessible to anyone. Inclusive recreation makes programs available to people with disabilities and benefits ALL participants. Inclusion is individuals with and without disabilities participating in recreation activities simultaneously. All MPRB programs are considered inclusive and welcome to everyone. The Therapeutic Recreation staff will work with program staff, families, and individuals to provide support using individualized techniques and resources to enhance program participation without fundamentally altering the program.

Inclusion Process

- **Register** for the recreation program of your choice at www.minneapolisparks.org then click “Browse and Register”. Participant must meet eligibility criteria.
- **Contact** the Therapeutic Recreation and Inclusion Coordinator at least two weeks before the start date to discuss the details of the program and the type of support needed to accommodate you or your family member. The more time we are given, the better!
- The Therapeutic Recreation and Inclusion Coordinator works cooperatively with the family and program staff to determine which services will best support the individual.
- You or your family member start the program with inclusion support(s) in place.
- TR staff member periodically visits the program to provide assistance and answer any questions.
- Communication between Therapeutic Recreation and Inclusion Coordinator, Recreation staff and the individual and/or family is maintained continuously throughout the inclusion process.

If you or someone you know has a disability and is interested in learning more about inclusive recreation for people with disabilities, please contact:

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