Youth Development

Minneapolis Park & Recreation Board

Report for RecQuest Community Advisory Committee

June 22, 2017

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Youth Development

Minneapolis Park & Recreation Board

What is Youth Development?

- **Programs build competencies: physical, social, cognitive and vocational.***
- **Children and youth demonstrate positive attitudes and behaviors and new skills.**
- **Activities foster positive relationships with adults and peers; prevent negative behavior.**

Building Resiliency , pp. 11-14, National Assembly, 1994; and Position Statement on Accountability and Evaluation in Youth Development Organizations , p. 1, National Collaboration for Youth, 1996)

REC+ PLUS
School Age Childcare

- **School Age Care for 5 – 12 year olds before and after school, on release days, and during the summer at 18 Recreation Centers.**
- **Games, sports, arts and crafts, homework help, and field trips; nutritious snacks.**
- **800+ registered children.**

North

Webber	Paula Emmons

Northeast-Southeast

Audubon	Mike Madison
Waite	Hannah Greely
Windom**	Candee Ploog

Southwest

Armatage	Kasey Collver
Bryant Square	Sadie Jelinek
Fuller	Matt Davidson
Kenwood	Lizzie Wendtlandt
Lynnhurst**	Sarah Chelstrom
Pershing	Colleen Herbert

Upper South

Brackett	Ryan Wideman
Hiawatha Sch.	Elise Mohn
Matthews	Seng Vang

Lower South

Corcoran**	MacKenzie Rodine
Keewaydin	Vicky Patterson
McRae	Becky Ranum
Nokomis*	Sarah Chelstrom
Sibley	Sasha Benitez

REC+ PLUS
School Age Childcare

* Summer only

** School year only

REC+ PLUS
School Age Childcare

Site specific and citywide initiatives build competencies and allow children to explore interests while developing new skills.

- **Yoga Calm: Breathing exercises, simple yoga-based movements and social and emotional skill-development activities to help children alleviate stress and to improve the ability to deal with life's demands**
- **Curious Minds: Discovering science and engineering programs through hands-on project based activities. (STEM program)**
- **Community gardens: Children tend their gardens and help prepare snacks.**

Therapeutic Recreation and Inclusion

INCLUSIVE: Programs are available to people with disabilities and benefits ALL participants. Inclusion is individuals with and without disabilities participating in recreation activities simultaneously. All MPRB programs are considered inclusive and welcome everyone.

ADAPTIVE programs provide access to competitive and non-competitive sports that are developed to meet the needs of all participants.

- **Out of school time programs and activities for youth ages 12 -16**
- **Ten full-time staff provide programs at 17 parks**
- **5,000+ youth served annually**

North

Farview:*	Fred DuBose
Folwell:*	John Myles
North Commons:*	Kelley Hardeman
Harrison	Eugene Young

Northeast-Southeast

Logan:	Eugene Young
Luxton:	Joy Fogg
Van Cleve:	Joy Fogg

Southwest

Rev. M.L. King:	Brynne Crockett
Whittier:	Brynne Crockett

Upper South

East Phillips:	Rob Griffin
Longfellow:	Francisca Pass
Peavey:	Ahmed Abdiwahed
Phillips:	Ahmed Abdiwahed
Stewart:	Rob Griffin

Lower South

Powderhorn:	Chad Collins
Corcoran:	Chad Collins
Sibley:	Francisca Pass

Year-round out-of-school time programs for 12 - 16 year olds.

Stand-Alone Parks: Parks serving consistently very high volume of youth. Staff provide drop-in and direct service programs.

Two-Park Pairings: Staff provide drop-in and direct service programs between two parks.

Core Value Programs: Engaging and Valuing Youth

Health and Wellness

a) Physical fitness; b) Nutrition; c) Mental Health

Education and Career Development

a) Literacy; b) Academic Achievement; c) Job Skills, Career Exploration, Career Camp

Prevention, Intervention and Safety

a) Public Health Initiatives; b) Anti-Bullying; c) Behavior Management

Leadership Development

a) Youth Councils; b) Civic Engagement; c) Service-Learning and Volunteerism; d) Language and Cultural

Recreation Programs and Activities

a) Arts (media, performing, poetry, visual, music, theater, dance, writing, spoken word, storytelling, computer/graphic, other arts); b) Camps – summer, release days; c) Outdoor connection

Life Skills Learning

a) Girls' Development: Relationships, Self Esteem, Empowerment; b) Boys' Development: Relationships, Self Esteem, Empowerment ; c) Social and Cultural Development

Teen Teamworks

- **Quality work experience and training for economically disadvantaged youth ages 14 to 24; 240+ youth served annually.**
- **Focus is on employment and work readiness skills that connect academic, social, decision-making and leadership development with successful career preparation.**
- **Youth work in supervised teams and individual placements: recreation centers, computer labs, park maintenance, Green Team environmental, garden crew, aquatics, cultural and language programs, and summer camps.**

The Treehouse
Exploring the Outdoors and Outdoor Careers
Minneapolis Park & Recreation Board
Youth Development

- **Annual Outdoor Career Exploration Day involving 100+ youth in learning experiences with outdoor career professionals.**
- **Bi-weekly summer career exploration opportunities.**
- **Recreational outdoor adventures to connect youth to nature and outdoor activities.**

Seasonal Programs

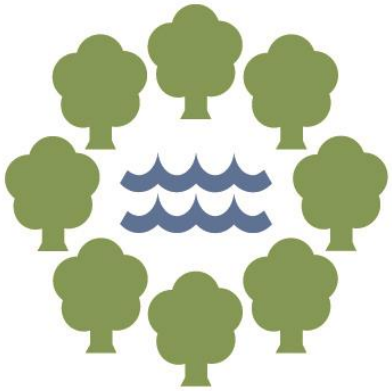
- Freedom School
- Village Parks
- Global Quest
- Specialty Camps

Outreach and Engagement

- **Pop-Up Parks**
  - **Youth Violence Prevention, Family and Nature, Adventure Sports, Bicycle Shop, Library (4,000+ youth annually)**
- **StreetReach Outreach**
  - **Engage with youth, intervene in negative behaviors, and connect them to safe places, neighborhood resources and adult mentors (20,000+ youth/family contacts annually).**
  - **Work closely with Park Police on preventive strategies for large youth gatherings.**

Minneapolis Park & Recreation Board POP-UP PARK

Minneapolis Park & Recreation Board STREETREACH



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