

# Eloise Butler Wildflower Garden and Bird Sanctuary

## LATE SUMMER & AUTUMN CLASSES



### Using the Natural World to Navigate Grief and Loss

Led by Jude Nutter

Wednesdays, 10am-12:30pm  
September 15, 22, 29 and October 6  
Cost: \$75

Poetry is a powerful medium for describing and understanding life's great abstractions. The power of simile and metaphor provide us with concrete images to which we respond viscerally and emotionally. Grief and loss, which are huge feelings, can be navigated through the poetic image, and over the course of four weeks we will look at how poets have used the natural world—landscapes, plants and animals—to explore and mitigate grief and loss. We will read and discuss poems by several poets and write and workshop our own poems. We will also look at poems that deal with our grief over the loss of the natural world itself: poems that are, essentially, elegies for all we are destroying and exploiting. No experience necessary!

### Introduction to Botanical Illustration

Led by Susan Boeckmann

Thursdays, 10am-12:30pm  
August 12, 19, 26 and September 2  
Cost: \$75

This fun daytime illustration class combines art with nature, as we use the beautiful surrounds of the Wildflower Garden to inspire us. Open to beginning and intermediate artists, the class will serve as an introduction to, or reminder about, the basics of: how to accurately draw what you see; how to match any color under the sun; and how to most effectively use your "tools" of shape, value, color and texture in order to best express the beauty of nature.

### Medicinal Plants of the Garden

Led by Cynthia Thomas

Mondays, 5:30-7pm  
August 16, 30 and September 13  
Cost: \$15 per class

Join herbalist Cynthia Thomas in the field to learn about the simple use of plants as medicine and food. Learn about the healing properties of plants growing in the Garden and your own backyard. Find out which plants are traditionally eaten in the autumn for their health benefits. Discover how to identify and use several favorite medicinal plants species.

August 16 - Introduction to Wild Medicine

August 30 - Early Fall Medicine Plants

September 13 - Fall Medicine Roots and Barks

### Capturing Autumn's Beauty = Photographing Nature

Led by John Maciejny

Fridays, 9:30-11am  
September 17, October 1 and 15  
Cost: \$15 per class

Learning how to photograph the subtle beauty of native plants takes time, patience and the right tools. Join seasoned photographer John Maciejny in the field to learn about photographing native plants and landscape scenes to capture the beauty, brightness and form of these special encounters with nature. In this class, participants will be taught basic techniques to create stunning floral and landscape images. Digital or film cameras welcome.

# Eloise Butler Wildflower Garden

Founded in 1907 as a preserve for native plants, the Wildflower Garden now encompasses 15 acres of forest, wetland and upland oak savanna. The oldest public wildflower garden in the country; it is home to more than 500 plant species and provides habitat for more than 130 resident and migratory bird species. The great diversity of Minnesota flora and fauna represented at the Garden provides endless opportunities to study and enjoy the beauty of our natural heritage all season long.

