

# TRAILS ARE OPEN WHEN DRY



## Rules of the Trail

The Minneapolis Urban Singletrack Off-Road Cycling trails in Theodore Wirth Park are a demonstration project using sustainable and appropriate materials to create a network of trails for off-road cycling. The trails are designed to be safe and enjoyable for all users. The trails are designed to be safe and enjoyable for all users. The trails are designed to be safe and enjoyable for all users.

The way we ride today shapes mountain bike trail access networks. Do your part to preserve and enhance our trail's access and design by observing the following rules of the trail. Adopted by MNDOT, the International Mountain Biking Association, these rules are recognized around the world as the standard code of conduct for mountain bikers. MNDOT's mission is to promote mountain bicycling that is environmentally sound and socially responsible.

1. **Make the Right Choice**  
 Choose trail conditions that fit your skills.
2. **Leave No Trace**  
 Stay on existing trails. Stay off roads and roadsides to avoid erosion and soil compaction.
3. **Control Your Speed**  
 Adjust your speed to avoid soil erosion and avoid collisions.
4. **Always Yield**  
 When passing, slow down, maintain communication, and be predictable.
5. **Never Stop Abruptly**  
 Always announce when you're stopping for you, others, and the animals.
6. **Plan Ahead**  
 Check weather, trail conditions, your skills, and the trail. Please don't drink and ride.

**MINNEAPOLIS URBAN SINGLETRACK  
OFF-ROAD CYCLING  
DEMO PROJECT**

