



# 2010 Fall Adult Volleyball Bulletin

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**The Fall Volleyball Season will begin the week of September 27<sup>th</sup>**

## League Information:

**Team Entry Fees:** Fall 2010: \$365.00

Your team will receive 10 weeks of play (including tournament) with MPRB certified officiated games.

## Registration Procedure:

- Registration is ONLINE beginning August 9<sup>th</sup> at 9:00am
- Full payment is due at the time of registration!
- Teams are registered on a first pay, first play basis.
- If you want to pay by check, you need to come into our office to register  
(2117 West River Road, Mpls, MN 55411)

## Registration Discount!!

- ~ If you register for Fall 2010 & Winter 2011 at the same time you can receive a \$50.00 refund!
- ~ You must pay for both leagues in full and then forward your receipt to the league director who will then issue you the refund.

## Options for Registration links:

1. <http://activenet17.active.com/minneapolisparcs/servlet/registrationmain.sdi?redir=1>
2. Follow the link on the Adult Volleyball Page on our website [www.minneapolisparcs.org](http://www.minneapolisparcs.org)

## Divisions: Women and Co-Rec (in order of difficulty)

- A** Must be adequate in bump, set, spike and block skills.
- B** Willing to learn bump, set, spike and block. Good team play. Less challenging than A
- C** Some Skills, rules not tightly enforced but structured. For beginning teams who have not played much together and need to improve their skills.

**Eligibility:** Participants must be 18 years of age or older. Teams may register 10 players on their roster plus 3 substitutes.

**Game Times:** Game times will vary throughout the league weeks. Game times for the evening leagues may begin between 6:00pm and 9:15pm on weeknights.

**Schedule:** Games will start the week of September 27, 2010 and run for 10 weeks. League playoffs will be indicated on the schedules.

Tournament Champions will receive a check for \$30.00 or a \$30.00 credit towards a future MPRB adult sports league.

### **Women's Leagues – Weeknights**

Tuesday B	8 Teams	Bottineau Park: 2000 2 <sup>nd</sup> St. NE, Mpls 55418
Thursday Upper A	6 Teams	Armatage Park: 2500 West 57 <sup>th</sup> St., Mpls 55410
Thursday Lower A	6 Teams	Armatage Park: 2500 West 57 <sup>th</sup> St., Mpls 55410

### **Co-Ed Leagues - Weeknights**

Tuesday B	12 Teams	ML King Park: 4055 Nicollet Ave. S., Mpls 55409
Wednesday B	8 Teams	Luxton Park: 112 Williams Ave SE, Mpls 55414
Thursday A	12 Teams	ML King Park: 4055 Nicollet Ave. S., Mpls 55409
Thursday C	6 Teams	Van Cleve Park: 901 15 <sup>th</sup> Ave SE, Mpls 55414

### **Free Agents**

Individuals looking to get placed on a team can register as a Free Agent. Free Agent information will be passed along to teams needing players or if enough individuals register an attempt will be made to organize a team from the Free Agent list. Free Agent Fee: \$5 non-refundable listing fee.

**Deadline for accepting registrations: September 13, 2010**

If leagues are not full registrations will be taken after 09/13/10.

**Waiting List:** If the league is full you can add your team to the waiting list or select another league.

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## **Minneapolis Park and Recreation Board Rules of Play 2010**

USAV rules shall be used as the general rules for play. Exceptions are listed below.

### **General Information:**

1. Teams must furnish their own volleyball.
2. All teams are entitled to use the court for the duration of their scheduled playing time regardless of game format, except under special circumstances to be determined by the referee.

### **Conduct:**

1. Sportsmanlike conduct is expected of all players, spectators and managers. The referee has the power to eject any offender.
2. Managers must sign and submit the Adult Conduct Form and submit it with registration.
3. Captains only are allowed to address the referee regarding calls, score or to request a time out unless the referee has encouraged questions for instructional purposes.
4. No players (including captains) may make profane or vulgar remarks to officials, opponents or spectators.
5. Players and spectators on sidelines shall not advise the players on the court while the ball is in play. (Example: Out, In, Women, etc.) Failure to comply may result in penalty.

### **Roster Deadline:**

1. Players must be registered before they may participate in league play. Team Captains are responsible for team rosters. The roster is considered final after the third scheduled game and must be turned into the League Director at that time.
2. Roster limited to 10 players plus 3 substitutes.
3. Women or men may substitute on one team. Subs *may not* sub within the same league and must be on the roster as a sub.

### Scoring:

1. Regular Season: Rally scoring will be in effect at all levels of play, winning by 2 points. Three sets will constitute a match with all three sets counting in the standings.
  - ★ Scoring for each set will be up to 25, capped at 27
  - ★ The 3<sup>rd</sup> set will be dictated by time with the team that is ahead at the end of the allotted time winning.
2. Tournament Matches: first 2 sets to 25, capped at 27 and the 3<sup>rd</sup> set (if necessary) to 15, capped at 17.
3. The let serve will be in effect at all levels of play. If the ball hits the net and goes over, it is legal to play the ball.
4. Anyone interested in purchasing a USAV rulebook may contact the following office: USAV/North Country Midwest at 952.831.9150

### House Rules/USAV Rules: (New Rules highlighted in Yellow)

1. Net contact rule: In essence, contact with the net is not a fault unless it interferes with play. "Interferes with play" is specifically defined as contacting the top band of the net; taking support from the net while playing the ball; creating an advantage over the opponent; or making actions which hinder the opponent's opportunity to play the ball.
2. Foot faults will be enforced while serving.
3. Rotation or substitution may be used for teams with more than 6 players. The method must be chosen at the beginning of the match and used for the entire match.
4. All participants must be 18 years of age and older.
5. Each team is given one time out per game.
6. All teams receive a 5 minute warm up with 55 minutes of playing time.
7. Blocking, spiking and/or attacking will not be allowed on the serve.
8. The B and C leagues do not have to release the ball on the serve. The A league must release the ball on the serve.
9. Three hits are allowed per side and blocking is not considered one of these hits.
10. Any player may contact the ball with any body part, above or below the waist.
11. Only captains or managers are allowed to talk to the official while the game is in progress.
12. In accordance with USAV rule 12.4.2 - "Only one toss or release of the ball is allowed. Dribbling or moving the ball in the hands is permitted." (p. 39, USAV rulebook).

### Co-Ed Play:

1. Co-Ed teams must have 4 players to start play. You may begin with more women than men but not more men than women. Failure to comply will result in forfeiture.
2. When the ball is played more than once by a team, a female player must make one of the contacts. Contact of the ball during blocking shall not constitute playing the ball. There is no requirement for a male player to contact the ball.
3. When only one male player is in the front line at service, one male back row player may be forward of the attack line for the purpose of blocking.
4. Follow House Rules

### Women's Play:

1. Teams must have 4 players on the court to start play.
2. Follow House Rules

### Forfeits:

1. If for any reason, a team fails to have the required number of players on the court by five minutes after the scheduled match time, a penalty of 2 points/minute will be assessed until that team is ready to play. At 20 minutes after scheduled start time, including 5 minute grace period, the match is forfeited. The team manager will be charged a \$22.00 forfeit fee.
2. If during play a team becomes incomplete due to disqualification or expulsion of a player and substitution can not be made, the team loses the game by default.

Consumption of any alcoholic beverage on MPRB property is prohibited.  
Persons caught are subject to citation.