



Minneapolis Park & Recreation Board

2011 Adult Football Leagues

League Director: Tim Grate 612.230.6491
tgrate@minneapolisparcs.org

The 2011 season will begin the week of August 22

League Information:

7 v 7 (3 officials)	Men's Touch Team Entry Fee:	\$570.00
7 v 7 (2 officials)	Women's Flag Team Entry Fee:	\$440.00
7 v 7 (2 officials)	Co-Rec Flag Team Entry Fee:	\$440.00

Teams will receive 8 games

Registration begins online June 28th 9:00am

Free Agents

Individuals looking to get placed on a team can register as a Free Agent. Free Agent information will be passed along to teams needing players or if enough individuals register an attempt will be made to organize a team from the Free Agent list.

Free Agent Fee: \$10 non-refundable listing fee

Leagues Offered:

Women' Flag

Wednesday

Bossen Field, 5701 28th Ave. S., Mpls 55417

Wednesday

Lake Nokomis, 5001 Lake Nokomis Pkwy W., Mpls 55417

Men's Touch

Tuesday*

Parade Stadium, 400 Kenwood Pkwy, Mpls 55403

Wednesday

Northeast, 1615 Pierce St. NE, Mpls 55413

Thursday

Lake Nokomis, 5001 Lake Nokomis Pkwy W., Mpls 55417

Thursday

Bossen Field, 5701 28th Ave. S., Mpls 55417

Co-Rec Flag

Monday

Bryn Mawr 601 Morgan Ave. S., Minneapolis 55405

*Please contact League Director for Parade League registration information

Possible game times: 6:00pm, 6:50pm, 7:40pm, 8:30pm, 9:20pm

Team Rosters and Registration (Maximum of 20 players per team roster)

A team roster sheet must be filed with the MPRB before teams are eligible. Roster must be filled out completely with signature of both player and manager before being added to a league. The last day to add new players is FRIDAY, SEPTEMBER 9, 2011

PLAYING FIELD AND EQUIPMENT:

1. **The Playing Field:** The field shall be divided into four equal zones by the twenty and forty yard lines. The 40 yd line shall be in the mid-field line. The end zones shall be ten (10) yards.
2. **Equipment:** No special equipment is required. Football, baseball and track shoes are prohibited. The official shall be the sole judge of whether or not gear is suitable and safe. Cleat shoes are acceptable only if cleats are soft rubber, nondetachable, and molded as part of the sole of the shoe. Flags and belts will be provided.
3. **Game Ball:** Teams must supply official size ball for games. Leather or rubber covered balls are acceptable. Teams may use their ball on offense.

PLAYING RULES:

All games will be governed by the Minnesota Touch Football Rules with the following exception:

1. The length of the game shall be 40 minutes divided into two periods of 20 minutes. The first 18 minutes of each period shall be running time. If the difference in score is, or become, 12 points or less at any time during the final two minutes of each half, then stop time shall be employed. (Running time shall be resumed if the difference in score becomes greater than 12 points).
2. A team, which is ahead by 13 points or more during the final two minutes of the game, may not be granted a time-out. If the score is tied after regulation playing time, the score will be recorded as a tie.
3. A win will count two points, a tie one point, and a loss will receive zero points.
4. The ball will be put in play at the 25-yard line at the start of each half -- After touchdowns and safety.
5. An ejected player will be suspended from that game plus the next game.

League Championships and playoffs

In determining position in the league standings, a win will count as two points, a tie is one point, and a loss will be zero points.

Tie Breaker with two teams

Head to Head during regular season
Fewest points allowed during regular season

Tie Breaker with 3 or more teams

Fewest points allowed during regular season